



Registo  
Português  
de Artroplastias  
Portuguese  
Arthroplasty  
Register

# 2013 Annual Report

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## Introduction and Overall Analysis

### Introduction

The Portuguese Arthroplasty Register (RPA) was created by the Portuguese Society of Orthopaedics and Traumatology (SPOT).

The registry officially started on June 1<sup>st</sup> 2009.

There were 43944 registries in the period of June 1<sup>st</sup> 2009 to December 31<sup>st</sup> 2013.

In the period comprised in this report (January 1<sup>st</sup> to December 31<sup>st</sup> 2013), 9223 registers were recorded in RPA.

The fact that the act of registering an arthroplasty is a voluntary act, may mean that the records do not reflect the actual number of arthroplasties that were actually performed, but serves as a sample of the reality of our country.

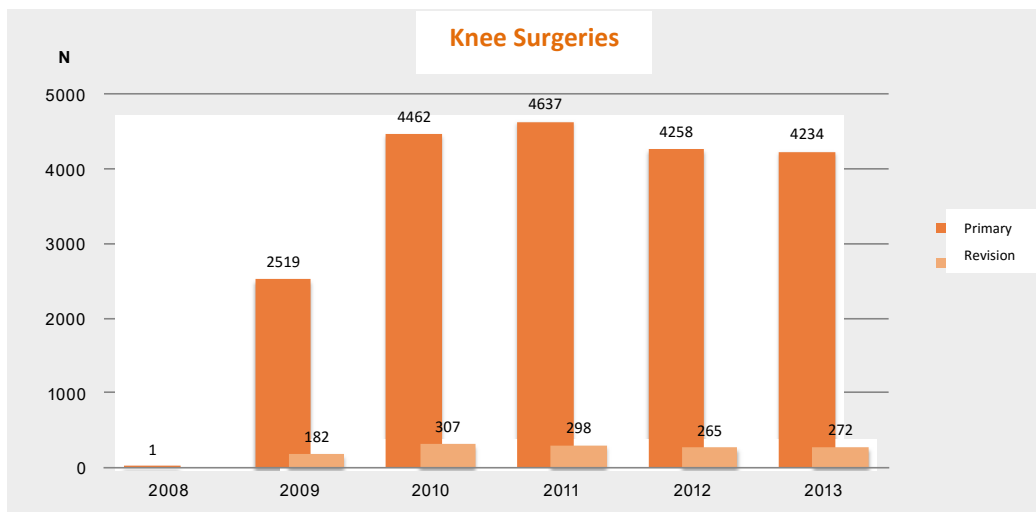
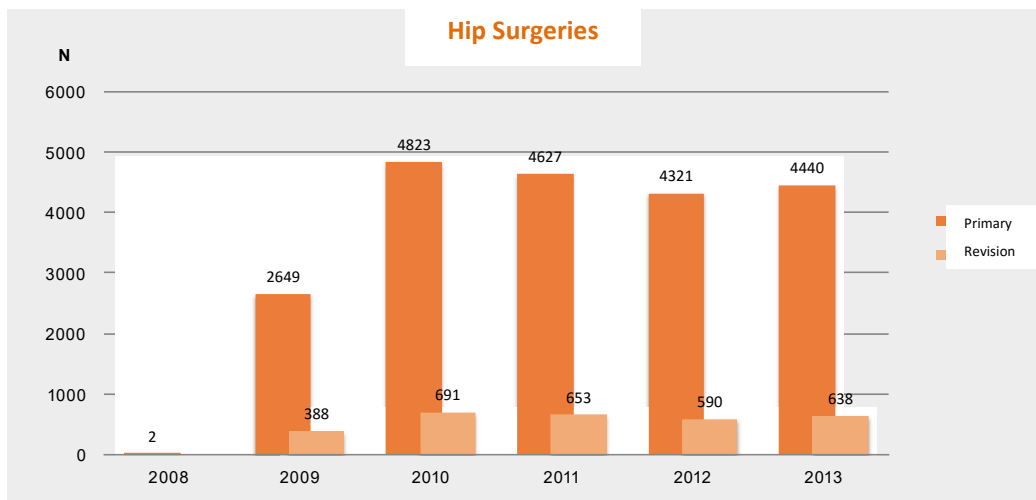
In order for the RPA numbers to reflect reality, we need to commit ourselves to registering all the arthroplasties we perform, or else the register needs to be mandatory in all the hospitals of the country.

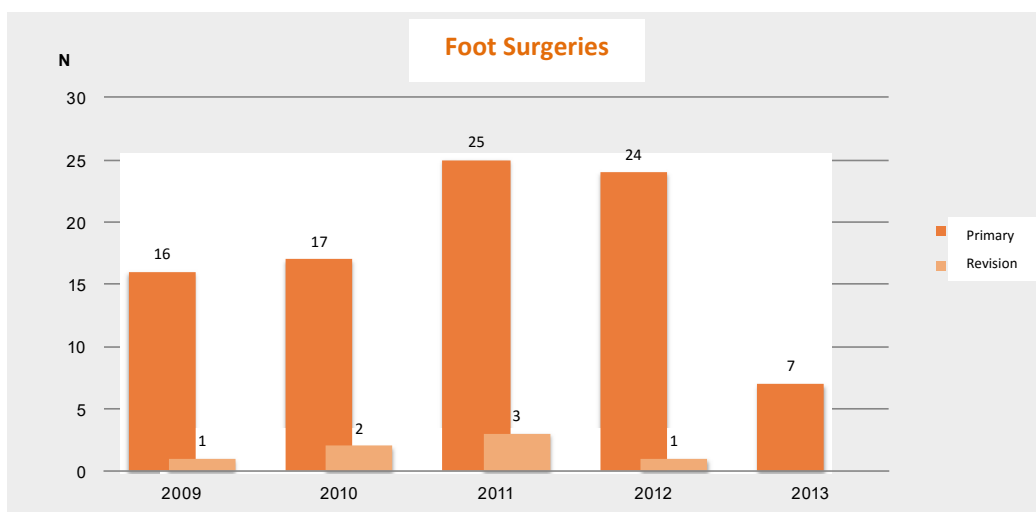
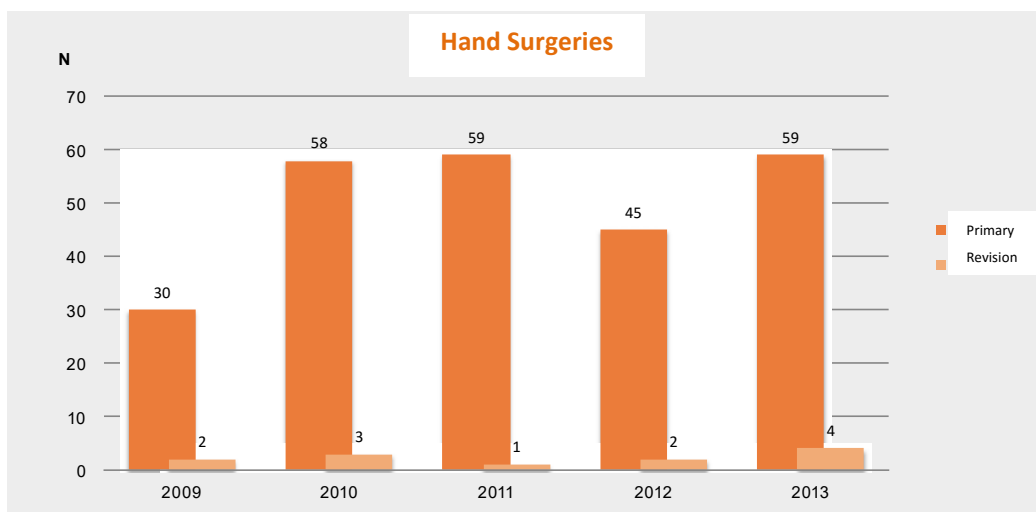
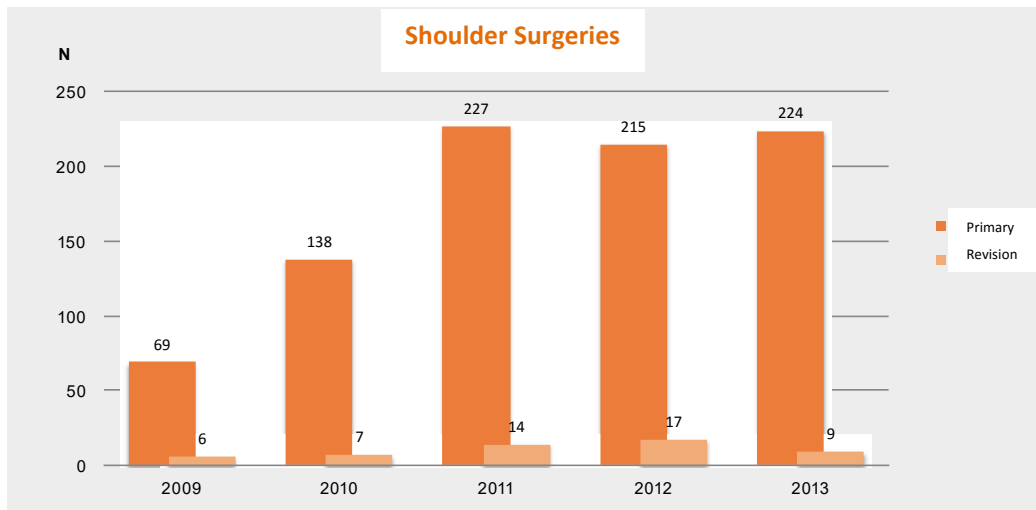
### Overall Analysis

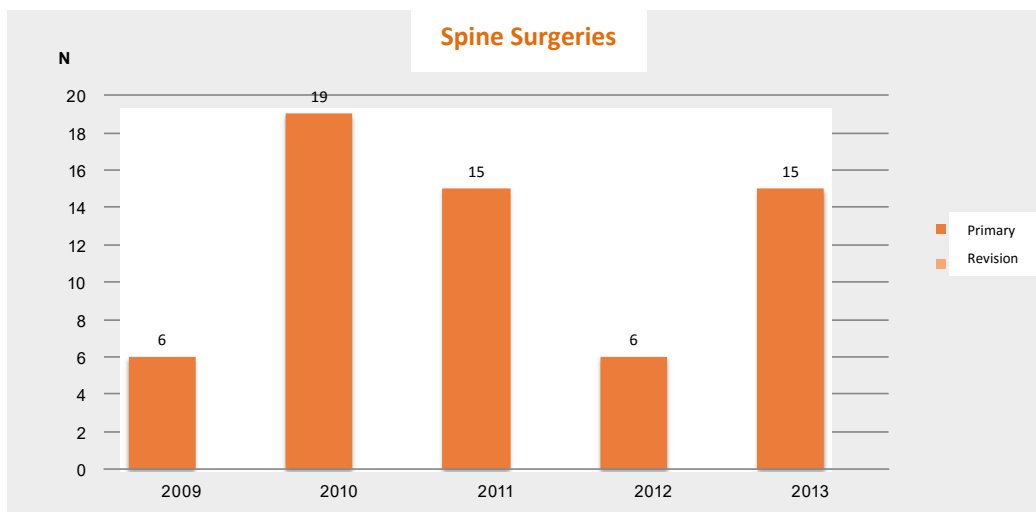
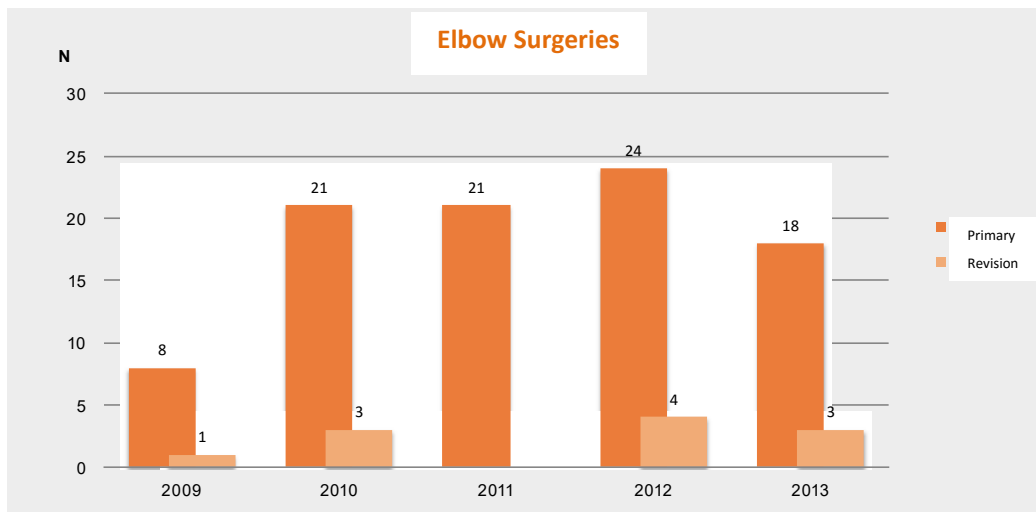
In the period of this report – January 1<sup>st</sup> to December 31<sup>st</sup> 2013, 9223 arthroplasties were registered in the Portuguese Arthroplasty Register.

<u>Anatomical Area:</u>	<u>Primary Surgery:</u>	<u>Revision Surgery:</u>
Hip	4440	638
Spine	15	0
Elbow	18	3
Knee	4234	272
Shoulder	224	9
Wrist and Hand	59	4
Ankle and Foot	7	0
<i>Total</i>		9223

The tables below show the registers by anatomical area recorded since the beginning of RPA, and its evolution until December 31<sup>st</sup> 2013.







## Hip - Primary

In the period of January 1<sup>st</sup> until December 31<sup>st</sup> 2013 were registered 4440 hip arthroplasties.

<b>Table 1 – List of the hospitals where the surgeries were performed</b>		
	<b>Nr</b>	<b>%</b>
Centro Hospitalar Tondela-Viseu	311	7,0
Centro Hospitalar de Entre o Douro e Vouga (Santa Maria da Feira e S. João da Madeira)	302	6,8
Centro Hospitalar Leiria-Pombal	291	6,6
Centro Hospitalar Baixo Vouga (Aveiro, Estarreja e Águeda)	281	6,3
Hospital Ortopédico de Sant'Ana, Parede	258	5,8
Centro Hospitalar de Trás-os-Montes e Alto Douro ( Vila Real, Chaves e Lamego)	256	5,8
Hospital Escala Braga (ex- H. de S. Marcos)	215	4,8
Hospital da Prelada, Porto	212	4,8
Hospital Curry Cabral, Lisboa	209	4,7
Centro Hospitalar de Setúbal, Hospital Ortopédico Sant'Iago do Outão	142	3,2
Centro Hospitalar do Tâmega e Sousa ( Penafiel e Amarante)	131	3,0
Hospital de Faro	128	2,9
Hospital Nossa Senhora do Rosário, Barreiro	126	2,8
Hospital Garcia de Orta, Almada	124	2,8
Unidade Local de Saúde do Nordeste (Macedo de Cavaleiros e Bragança)	122	2,7
Centro Hospitalar da Póvoa do Varzim - Vila do Conde	113	2,5
Hospital da Cruz Vermelha Portuguesa, Lisboa	105	2,4
Centro Hospitalar Lisboa Norte, Hospital de Santa Maria	96	2,2
Centro Hospitalar do Médio Tejo (Tomar, Abrantes e Torres Novas))	95	2,1
Unidade Local de Saúde da Guarda - Hospital de Sousa Martins	82	1,8
Centro Hospitalar Universitário de Coimbra (HUC e Covões)	72	1,6
Hospital do Litoral Alentejano, Santiago do Cacém	70	1,6
Centro Hospitalar São João (HSJ e Valongo)	64	1,4
Hospital Distrital de Santarém	50	1,1
Hospital Vila Franca de Xira	48	1,1
Centro Hospitalar de Lisboa Ocidental, Hospital de S. Francisco Xavier	38	0,9
Hospital Distrital de Torres Vedras	38	0,9
Hospital de S. João de Deus, Montemor-o-Novo	34	0,8

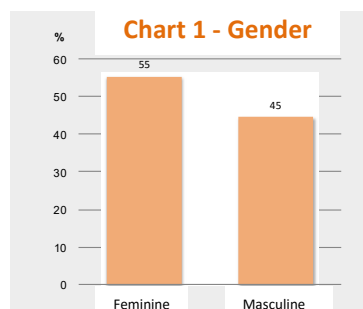


Hospital da Misericórdia da Mealhada	32	0,7
Hospital de Ponta Delgada, Açores	32	0,7
Hospital de Santo Espírito de Angra do Heroísmo, Açores	32	0,7
Hospital Militar Regional I, Porto	27	0,6
Centro Hospitalar do Médio Ave (Santo Tirso e Famalicão)	25	0,6
Misericórdia de Riba d'Ave - Hospital Narciso Ferreira , Famalicão	24	0,5
Clínica de Santo António - Clisa, Reboleira, Amadora	22	0,5
Hospital Distrital da Figueira da Foz	22	0,5
Intercir – Centro Cirúrgico de Coimbra, SA	22	0,5
Unidade Local de Saúde do Baixo Alentejo - Beja	21	0,5
Hospital da Misericórdia de Lousada	20	0,5
Hospital Distrital de Ovar (Hospital Dr. Francisco Zagalo)	20	0,5
Unidade Local de Saúde do Norte Alentejano - Portalegre e Elvas	19	0,4
Hospital da Luz, Lisboa	15	0,3
Hospital Particular do Algarve - Unidade de Gambelas, Faro	15	0,3
HOSPOR - Hospital de Santiago (Espírito Santo Saúde), Setúbal	14	0,3
Hospital da Arrábida (Espírito Santo Saúde), Vila Nova de Gaia	13	0,3
Misericórdia de Marco de Canavezes - Hospital Santa Isabel	12	0,3
Hospital Distrital da Horta, Açores	9	0,2
Hospital Amadora-Sintra (Prof. Dr. Fernando Fonseca)	8	0,2
Centro Hospitalar de Lisboa Central, Hospital de S. José	7	0,2
Unidade Local de Saúde de Castelo Branco - Hospital Amato Lusitano	4	0,1
Centro Hospitalar de Vila Nova de Gaia e Espinho	3	0,1
Hospital da Ven. O. Terc. de S. Francisco, Porto	3	0,1
Centro Hospitalar do Alto Ave (Guimarães e Fafe)	2	0,0
HPP Norte - H. Privado dos Clérigos e H. Privado da Boavista, Porto	2	0,0
Clínica do Bom Jesus, Ponta Delgada, S. Miguel, Açores	1	0,0
Unidade Local de Saúde de Matosinhos - Hospital de Pedro Hispano	1	0,0
<b>Total</b>	<b>4440</b>	<b>100,0</b>

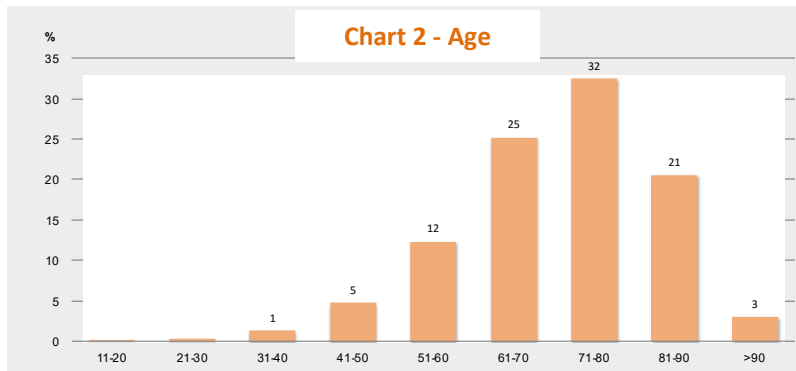
Table 2 shows the composition of the surgical team.

<b>Table 2 – Surgical team</b>		
	<b>N</b>	<b>%</b>
<b><i>Degree of the surgeon</i></b>		
Assistant	884	19,9
Head of Department	524	11,8
Junior Surgeon	6	0,1
Senior Surgeon	356	8,0
Graduate Surgeon	1727	38,9
Fellow/Scholar	1	0,0
Resident	941	21,2
<b><i>Degree of the first help:</i></b>		
Assistant	1210	27,3
Head of Department	412	9,3
Junior Surgeon	6	0,1
Senior Surgeon	374	8,4
Graduate Surgeon	1811	40,8
Fellow/Scholar	13	0,3
Resident	613	13,8

Following, we have the chart of the distribution of the patients by gender.



The age distribution is presented in chart 2, where one can see a predominance of the following age groups – 61-70 and 71-80.



The Body Mass Index of the patients who underwent hip arthroplasty is registered in Chart nr. 3.

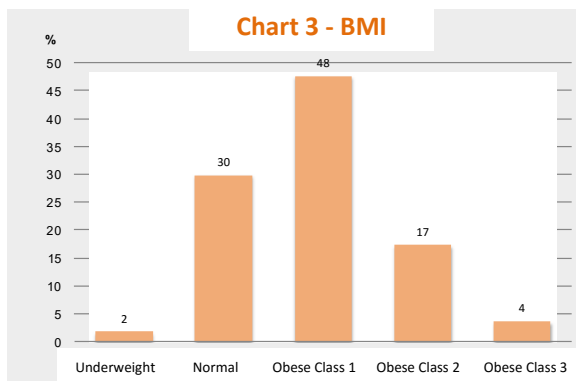
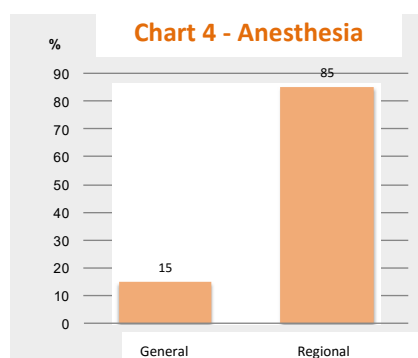
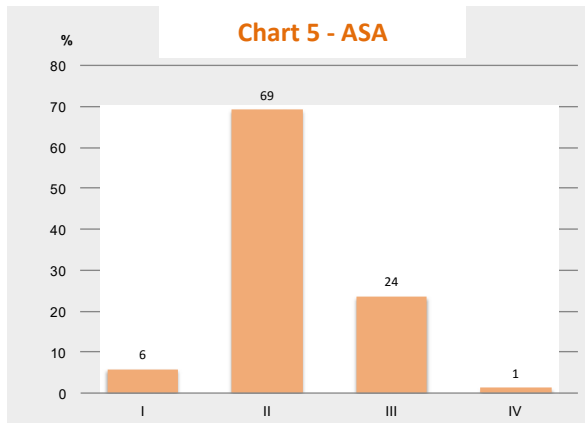


Table 3 – Demographic sample Identification		
	N	%
<b>Gender</b>		
Feminine	2460	55,4
Masculine	1980	44,6
<b>AGE</b>		
11-20	3	0,1
21-30	11	0,2
31-40	57	1,3
41-50	210	4,7
51-60	548	12,4
61-70	1118	25,2
71-80	1441	32,5
81-90	913	20,6
>90	135	3,0
<b>BMI</b>		
Underweight	75	1,7
Normal	1311	29,9
Obese Class 1	2087	47,5
Obese Class 2	759	17,3
Obese Class 3	158	3,6

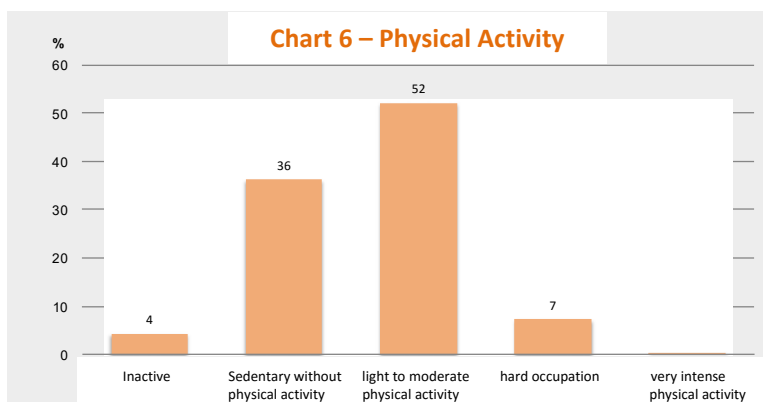
The type of anesthetics used in hip arthroplasties can be found in chart nr. 4, where it is evident the predominance of the regional type of anesthesia.



The ASA peri-operative risk of the patients who underwent hip arthroplasty was the following:



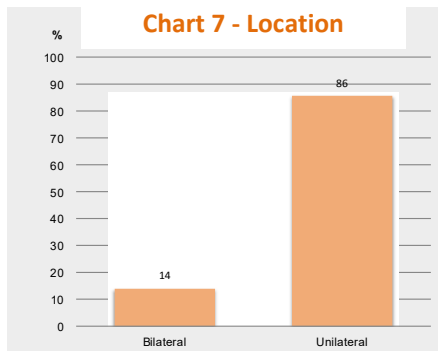
The level of physical activity of the patients who underwent surgery is presented in Chart nr. 6 below.



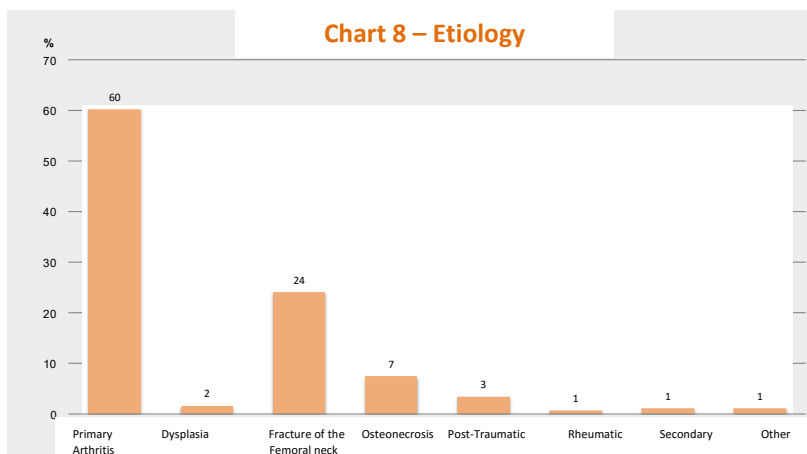
<b>Table 4 – Identification of the procedure</b>		
	<b>N</b>	<b>%</b>
<b>Anesthesia</b>		
General	655	14,8
Regional	3776	85,2
<b>ASA</b>		
I	262	5,9
II	3070	69,2
III	1047	23,6
IV	56	1,3
<b>Physical activity</b>		
Inactive or dependent	184	4,3
Sedentary without any compensatory physical activity	1551	36,2
Light to moderate physical activity	2231	52,1
Hard occupation: physical activity as a hobby	309	7,2
Very intense physical activity: contact or radical sports	7	0,2
<b>Financial coverage</b>		
Private	88	2,0
Insurance	29	0,7
National Health System	4008	91,0
Sub-system	277	6,3

Regarding the paying entity, the National Health System is still the main entity, as far as the payment of the arthroplasty is concerned.

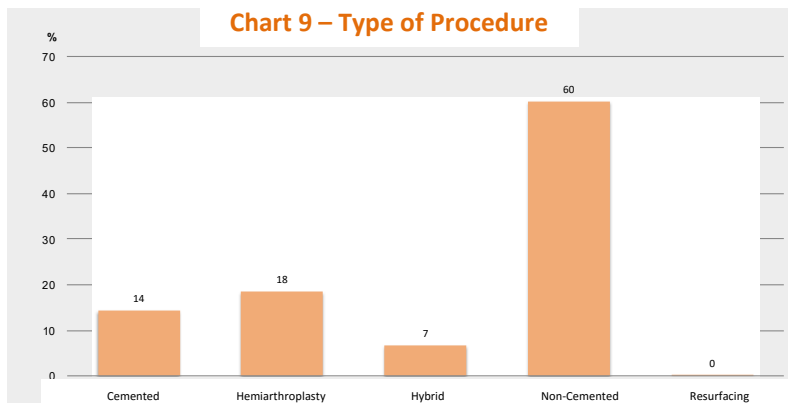
Chart nr. 7 below reflects the location (unilateral or bilateral), of the surgical procedure.



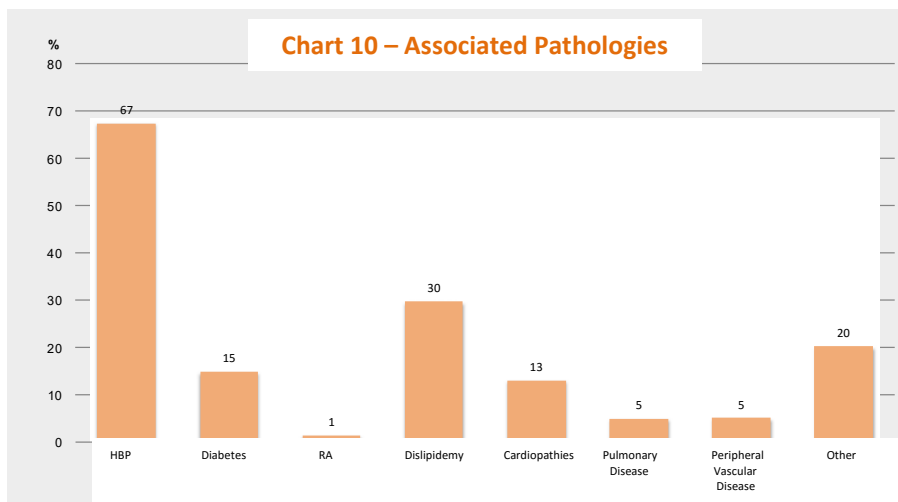
In the etiology we can observe the predominance of the primary arthritis as the main reason for surgery (60%), immediately followed by the fractures of the femoral neck which was the cause in 24% of the cases.



The main type of procedure continues to be the non-cemented arthroplasty.



The predominant pathology in the comorbidities is high blood pressure, followed by dislipidemy, diabetes and cardiopathies.



**Table 5 – Characterization of the Disease**

	<i>N</i>	<i>%</i>
<b>Location</b>		
Bilateral	628	14,2
Unilateral	3806	85,8
<b>Side</b>		
Right	2293	51,7
Left	2141	48,3



<b>Previous surgery</b>		
No	4236	95,5
Yes	198	4,5
<b>Degree of Difficulty</b>		
Complex	201	4,5
Simple	4233	95,5
<b>Etiology</b>		
Primary arthritis	2674	60,3
Dysplasia	72	1,6
Fracture of the femoral neck	1069	24,1
Osteonecrosis	329	7,4
Post-Traumatic	152	3,4
Rheumatic	35	,8
Secondary to childhood / adolescence disease	51	1,2
Other	51	1,2
<b>Type of Procedure</b>		
Cemented	638	14,4
Hemiarthroplasty	820	18,5
Hybrid	299	6,7
Non-cemented	2672	60,3
Resurfacing	4	,1
<b>Associated pathologies</b>		
HBP	2996	67,5
Diabetes	661	14,9
RA	64	1,4
Dislipidemy	1318	29,7
Cardiopathies	583	13,1
Lung Disease	222	5,0
Peripheral vascular disease	226	5,1
Other	888	20,2

Note: There may be more than one associated pathology per patient.

The existence of a previous surgery is less common, and is limited to the osteosynthesis of fractures, in cases of secondary arthritis to trauma.

As far as the position of the patient during surgery is concerned, the lateral position is still the preferred positioning.

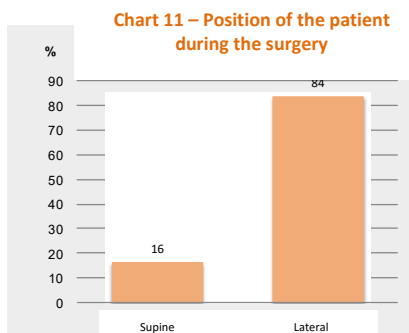
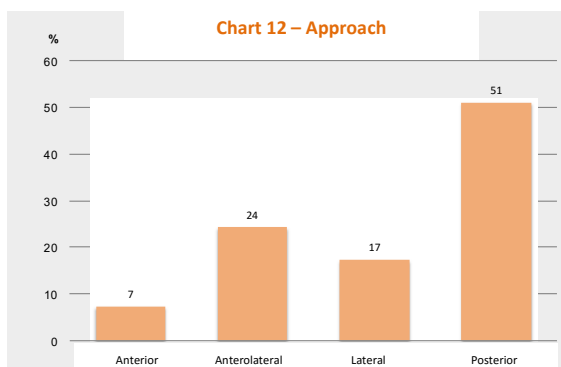


Chart nr. 12 shows the approach used in primary hip arthroplasties, where it is evident that the posterior approach was the predominant one.



The length of the incision varies between 11 and 18 centimeters (Chart nr. 13).

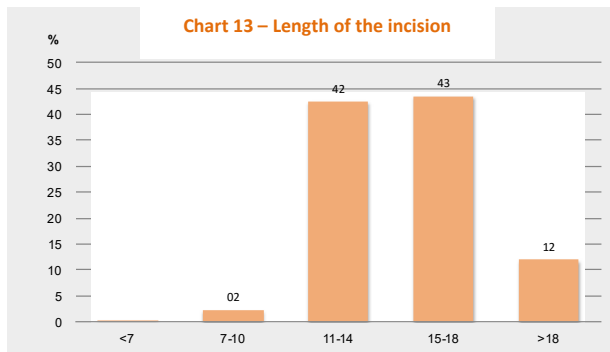
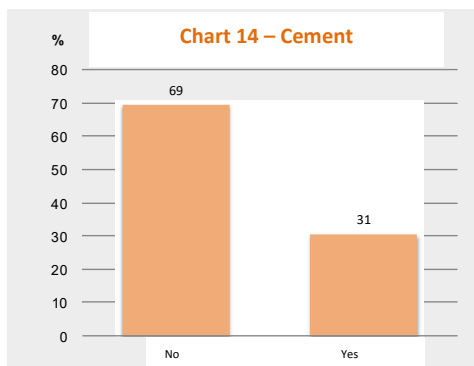
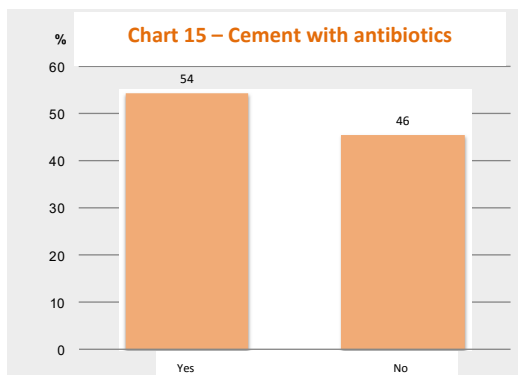


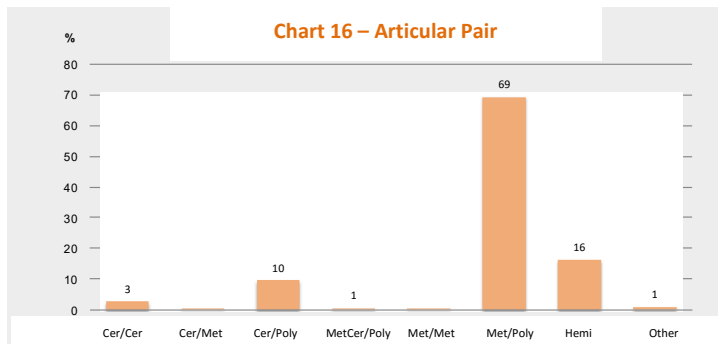
Chart nr. 14 shows the usage of bone cement in total hip arthroplasties, with a predominance of 69% of non-cemented arthroplasties.



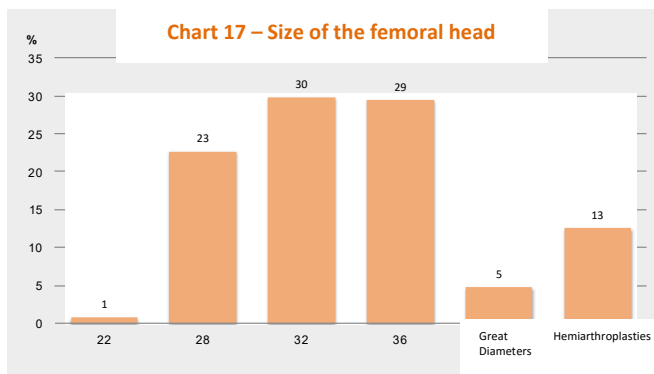
Cement with antibiotics was used in 54% of the cemented arthroplasties.



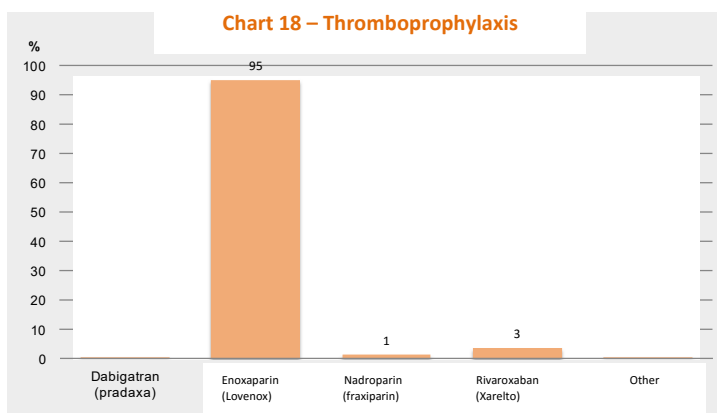
The articular pair Metal/Polyethylene was the most used (in 69% of the cases).



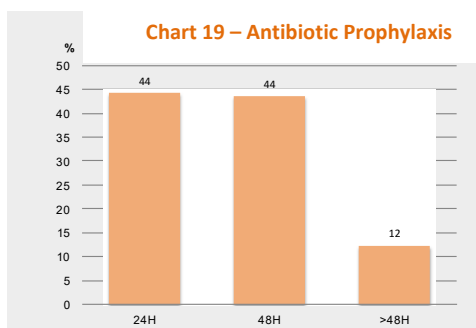
When it comes to the size of the femoral head, one can see that the most commonly used sizes were: 32, 36 and 28 mm.



Thromboprophylaxis is systematic, as can be seen below, and enoxaparin continues to be the most widely used drug (95%) followed by rivaroxaban (3%).



Antibiotic prophylaxis is carried out in 99.8% of hip arthroplasties, mainly for a period of up to 48 hours, and the most widely used antibiotics is cefazolin.



<b>Table 6 - Surgery</b>		
	<b>N</b>	<b>%</b>
<b>Position</b>		
Supine	723	16,3
Lateral	3708	83,7
<b>Approach</b>		
Anterior	325	7,3
Anterolateral	1077	24,3
Lateral	765	17,3
Posterior	2264	51,1
<b>Number of incisions</b>		
1	4377	99,9
2	5	0,1
<b>Length of the incision</b>		
<7	2	0,0
7-10	94	2,2
11-14	1803	42,4
15-18	1849	43,5
>18	507	11,9
<b>Osteotomy</b>		

No	4134	95,6
Yes	192	4,4
<b>Cement</b>		
No	3079	69,4
Yes	1355	30,6
If yes, with antibiotics ?		
Yes	738	54,4
No	618	45,6
<b>Graft</b>		
No	4055	98,2
Yes	76	1,8
<b>Articular Pair</b>		
Ceramics/Ceramics	115	2,7
Ceramics/Metal	9	0,2
Ceramics/Polyethylene	410	9,6
Metal with ceramics/Polyethylene	26	0,6
Metal/Metal	16	0,4
Metal/Polyethylene	2952	69,2
Hemiarthroplasties	692	16,2
Other	44	1,0
<b>Size of the femoral head</b>		
22	33	0,8
28	974	22,7
32	1281	29,8
36	1264	29,4
Great diameters	205	4,8
Hemiarthroplasties	539	12,5
<b>Cementation technique</b>		
Femoral	1271	
Acetabular	835	

<b>VTE Prophylaxis</b>		
Mechanic	3	0,1
Chemical	4412	99,6
Dabigatran (Pradaxa)	9	0,2
Enoxaparin (Lovenox)	4194	95,1
Nadroparin (fraxiparin)	53	1,2
Rivaroxaban (Xarelto)	154	3,5
Other	2	0,0
Without prophylaxis	14	0,3
<b>Antibiotics Prophylaxis</b>		
No	7	0,2
Yes	4422	99,8
If yes, for how long?		
24H	1953	44,2
48H	1923	43,5
>48H	543	12,3
<b>Antibiotics</b>		
Cefazoline	2571	58,5
Cefuroxime	475	10,8
Ceftazidime	47	1,1
Other	1305	29,7

Next, we present the tables with the materials used in hip arthroplasties.

The table below presents the non-cemented stems used.

Non-cemented stems		
<i>Company</i>	<i>Model</i>	<i>N</i>
SMITH & NEPHEW		687
	Polar Stem	625
	Proxy Plus	57
	Nanos	4
	SMR Revision Hip	1
DePuy		560
	Corail	534
	Silent	16
	S-Rom	6
	Proxima	2
	Kar (Corail de revisão)	2
BIOMET		541
	Taperloc	364
	Aura	98
	Art	76
	Toplock	1
	Oxford monobloco	1
	Conelock	1
ZIMMER		239
	CLS Spotorno	187
	Versys	30
	Fitmore	12
	Wagner SL monobloco	5
	Wagner Cónica	2
	Revitan	2
	ML-Taper Kinectiv	1
LIMA		224
	Fit	135
	H-Max	86
	Collo-MIS	3
LAFITT		196
	LGK	93
	NEXFIT	73



	Selfitt	30
STRYKER		164
	ABG II	162
	Symax	1
	ABG mod.	1
PERMEDICA		83
	EXACTA	83
MedContech		39
	U2	39
SAMO		24
	Mistral	24
FH Orthopedics		24
	Esop mod.	24
EVOLUTIS		17
	OPALE II	9
	STEMSYS	8
WRIGHT		15
	Profemur	14
	Conserve Plus	1
MBA		13
	Linea	6
	Furlong (não cimentada)	6
	Cormet	1
LINK		5
	MP-Link	5
PETER-BRHEM		3
	MRP-Titan	3
B BRAUN		3
	Excia	3
TRAIBER		2
	Apsis	2
SEM		1
	Iramis	1
OHST		1
	Ribbeck	1

MEDACTA		1
	Ami Stem	1
<b>Total</b>		<b>2842</b>

The table below has a list of all the cemented stems used.

Cemented stems		
<i>Company</i>	<i>Model</i>	<i>N</i>
ZIMMER		340
	Muller	294
	Versys LD/FX	45
	CPT	1
BIOMET		203
	Taperloc	126
	Arpege	42
	Art	35
SMITH & NEPHEW		182
	Muller	135
	Polar Stem	47
DePuy		109
	Corail	108
	C-Stem	1
MBA		56
	Furlong	56
STRYKER		55
	ABG II	36

	Exeter V40	19
LINK		54
	Classic-Plus	54
LAFITT		40
	Muller	6
	Bloctitt	34
B BRAUN		39
	Excia cim.	39
PERMEDICA		33
	SL SELF-LOCKING	28
	EXACTA	5
LIMA		26
	H-Max C	17
	Logica	9
SAMO		3
	LC	2
	Elittica	1
WRIGHT		2
	Profemur	2
MedContech		2
	U2	2
<b>Total</b>		<b>1144</b>

This table has the list of non-cemented acetabular cups used.

Non-cemented acetabular cups		
<i>Company</i>	<i>Model</i>	<i>N</i>
SMITH & NEPHEW		656
	Ep-Fit Plus	449
	R3	199
	BHR	4
	Polar dupla mobilidade (Tandem)	3

	Reflection	1
DePuy		630
	Pinnacle	400
	Pinnacle Spirofit (roscado)	211
	Duraloc	8
	Pinnacle Bantan	6
	Delta-Motion (gr. Diam. c/c)	5
BIOMET		530
	Spidercup	163
	Rimcup	158
	Exceed	127
	Regenerex Ringloc (Metal Trabecular)	49
	Avantage (dupla mob.)	31
	Captiv	1
	Batcup	1
ZIMMER		250
	Allofit	91
	Trilogy	76
	Cedior	58
	TMT (Metal Trabecular)	13
	MMC	4
	Maxera-cup	3
	CLS Expansiv	3
	Continuum	2
LIMA		220
	Delta	219
	TT (Metal Trabecular)	1
STRYKER		190
	Trident PSL	176
	ABG	14
LAFITT		147
	LGK	91
	Fitback	34
	Cupfitt	15

	Dupla-Mobilidade	7
PERMEDICA		115
	JUMP	115
MedContech		39
	U2	39
WRIGHT		36
	Procotyl	35
	Conserve Plus	1
FH Orthopedics		24
	Atlas IIIIP	24
MBA		7
	Dynacup	4
	Cornet	3
EVOLUTIS		4
	CAPTIV	4
B BRAUN		3
	Plasmacup	3
TRAIBER		2
	Xaloc	2
SAMO		1
	Duofit	1
PETER-BRHEM		1
	MRS	1
MEDACTA		1
	Versafitt	1
<b>Total</b>		<b>2856</b>

The table below represents the cemented acetabular cups used.

Cemented acetabular cups		
<b>Company</b>	<b>Model</b>	<b>N</b>
ZIMMER		272
	Muller	272
SMITH & NEPHEW		117

	Muller	96
	Reflection	21
BIOMET		105
	Muller low profile	53
	Apollo	34
	Arcom XL	17
	Freedom (constrictivo)	1
LINK		93
	Muller	16
	Snap-fit	77
DePuy		29
	Tri-lock	26
	Poli ciment. (Ultima, Muller)	3
LAFITT		26
	Muller	26
PERMEDICA		19
	JUMP	19
STRYKER		15
	Exeter low profile	9
	Contemporary	6
LIMA		6
	Cemented Cup (tipo Muller)	6
MBA		5
	Furlong Cup	4
	Cúpula Autocentrante	1
Groupe Lepine		2
	Lefevre retentif	2
B BRAUN		1
	Bicontact	1
<b>Total</b>		<b>690</b>

The following table has the list of the femoral heads used.

Heads		
<i>Company</i>	<i>Model</i>	<i>N</i>

SMITH & NEPHEW		859
	CrCo	396
	Cerâmica	177
	Oxinium	100
	Sist. Uni ou Bipolar/biarticular	96
	Inox	81
	BHR	9
BIOMET		723
	CrCo	557
	Cerâmica	38
	Cab. Bipolar	100
	Magnum M2a( Gr. Diam.)	27
	Freedom	1
ZIMMER		524
	Cerâmica	35
	Inox (Protasul)	265
	Cab. Bipolar	31
	CrCo (Durasul/Versys)	180
	Metasul Metal	13
DePuy		518
	Cab. Bipolar	1
	Articul-EZE	184
	Articul-EZE Metal	169
	Cerâmica Delta-Motion	164
LIMA		214
	CrCo	184
	Cerâmica	19
	Cab. Bipolar (Lock)	11
STRYKER		211
	LFIT V40	195
	Exeter bipolar UHR	6
	Colos Modulares	6
	Cerâmica (alumina)	4
LAFITT		202
	Cerâmica	14

	Cab. Bipolar	17
	Sist. Lafitt CrCo	162
	Gr. Diam.	9
LINK		73
	CrCo	73
MBA		45
	CrCo	16
	Gr. Diam.	24
	Cupball	3
	Cab. Bipolar/Biarticular	2
B BRAUN		41
	CrCo	5
	Cab. Bipolar	36
MedContech		40
	U2	40
WRIGHT		35
	Cerâmica	9
	CrCo Wright Lineage	26
SAMO		29
	Cab. Bipolar	2
	Sist. Ellittica	27
FH Orthopedics		25
	CrCo	8
	Inox	2
	Cab. Bipolar (Pharo)	15
PETER-BRHEM		4
	MRP	4
TRAIBER		2
	CrCo	2
SEM		1
	CrCo	1
MEDACTA		1
	CrCo	1
<b>Total</b>		<b>3547</b>



The table below shows the liner or insert used in the arthroplasties recorded in the register.

Liner or Insert (Acetabular lining)		
<i>Company</i>	<i>Model</i>	<i>N</i>
SMITH & NEPHEW		598
	Ep Fit Plus Poli XLPE	420
	R3 XLPE	150
	Cerâmica	16
	Reflection Rex-Poli XLPE	9
	R3 M-o-M	3
DePuy		524
	Poli Marathon	472
	Cerâmico	44
	Poli Marathon Batan	4
	Poli Enduron	2
	Poli Constrictivo	1
	ASR	1
BIOMET		497
	Ringlock Arcom	312
	Exceed Arcon - XL	93
	Ringlock Spidercup	39
	Exceed E-Poly	25
	Exceed Cerâmica	10
	Arcom M2a	6
	Ringlock Cerâmica	4
	Ringlock Metal	3
	Ringlock Constrained	3
	IQL 3V	1
	Alize	1
ZIMMER		293
	Poli Longevity Crosslink	96
	Poli Cedior Alpha Crosslink	57
	Dupla-Mobilidade	33
	Poli Trilogy	36
	Metasul Metal	35
	Cerâmica	11

	Poli Continuum TT	19
	Poli CLS Spotorno Expansivo	4
	Poli Cedior Kappa	2
LIMA		187
	Poli X-Lima	182
	Dupla-Mobilidade	2
	Cerâmica	2
	Metal	1
STRYKER		176
	Trident X3	172
	Trident Crossfire	4
LAFITT		130
	Poli Crosslink LGK	95
	Dupla-Mobilidade	2
	Poli Cupfit	33
MedContech		40
	Poli U2	40
WRIGHT		38
	Poli	36
	Cerâmica	2
MBA		9
	Poli	9
FH Orthopedics		5
	Poli	3
	Poli Restritivo	2
B BRAUN		3
	Poli Plasmacup	3
TRAIBER		2
	Poli Xaloc	2
MEDACTA		1
	Poli	1
LINK		1
	Top	1
<b>Total</b>		<b>2504</b>

This table shows the monoblock hemiarthroplasties used.

Monoblock Hemiarthroplasties		
<i>Company</i>	<i>Model</i>	<i>N</i>
SURGIVAL		165
	Thompson	90
	Moore	75
BIOMET		58
	Thompson	30
	Moore	28
B BRAUN		32
	Thompson	15
	Moore	17
STRYKER		29
	Thompson	17
	Moore	12
ZIMMER		16
	Thompson	7
	Moore	9
LAFITT		14
	Thompson	2
	Moore	12
IMPOL		6
	Thompson	1
	Moore	5
DOWNS		3
	Moore	3
<b>Total</b>		<b>323</b>

## Hip - Revision

In the period comprised by this report 638 revision hip arthroplasties were recorded in the Portuguese Arthroplasty Register.

Below, we list the hospitals in which these surgeries were performed.

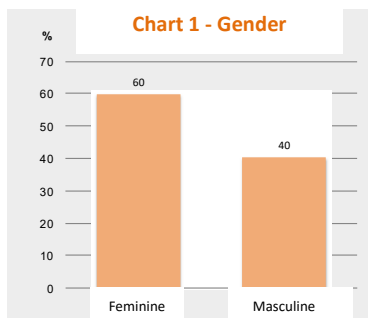
Table 1 – List of Hospitals		
	<b>N</b>	<b>%</b>
Hospital da Prelada, Porto	82	12,9
Centro Hospitalar Tondela-Viseu	78	12,2
Centro Hospitalar de Entre o Douro e Vouga (Santa Maria da Feira e S. João da Madeira)	54	8,5
Centro Hospitalar de Trás-os-Montes e Alto Douro ( Vila Real, Chaves e Lamego)	53	8,3
Hospital Escala Braga (ex- H. de S. Marcos)	47	7,4
Centro Hospitalar Leiria-Pombal	46	7,2
Centro Hospitalar de Setúbal, Hospital Ortopédico Sant'Iago do Outão	41	6,4
Hospital Ortopédico de Sant'Ana, Parede	37	5,8
Hospital Curry Cabral, Lisboa	35	5,5
Centro Hospitalar Baixo Vouga (Aveiro, Estarreja e Águeda)	28	4,4
Hospital Garcia de Orta, Almada	26	4,1
Hospital Particular do Algarve - Unidade de Gambelas, Faro	17	2,7
Centro Hospitalar do Tâmega e Sousa ( Penafiel e Amarante)	10	1,6
Centro Hospitalar da Póvoa do Varzim - Vila do Conde	9	1,4
Hospital Militar Regional I, Porto	9	1,4
Centro Hospitalar Universitário de Coimbra (HUC e Covões)	8	1,3
Hospital da Cruz Vermelha Portuguesa, Lisboa	7	1,1
Hospital Nossa Senhora do Rosário, Barreiro	7	1,1
Hospital de Faro	6	0,9
Unidade Local de Saúde da Guarda - Hospital de Sousa Martins	5	0,8
Centro Hospitalar Lisboa Norte, Hospital de Santa Maria	4	0,6
Hospital da Arrábida (Espírito Santo Saúde), Vila Nova de Gaia	3	0,5
Hospital da Luz, Lisboa	3	0,5
Hospital de Santo Espírito de Angra do Heroísmo, Açores	3	0,5

Hospital Distrital de Ovar (Hospital Dr. Francisco Zagalo)	3	0,5
Hospital do Litoral Alentejano, Santiago do Cacém	3	0,5
Centro Hospitalar São João (HSJ e Valongo)	2	0,3
Hospital da Misericórdia da Mealhada	2	0,3
Hospital de Ponta Delgada, Açores	2	0,3
Hospital de S. João de Deus, Montemor-o-Novo	2	0,3
Hospital Distrital de Torres Vedras	2	0,3
Centro Hospitalar de Lisboa Central, Hospital de S. José	1	0,2
Centro Hospitalar de Lisboa Ocidental, Hospital de S. Francisco Xavier	1	0,2
Hospital da Ven. O. Terc. de S. Francisco, Porto	1	0,2
Hospital Amadora-Sintra (Prof. Dr. Fernando Fonseca)	1	0,2
<b>Total</b>	<b>638</b>	<b>100,0</b>

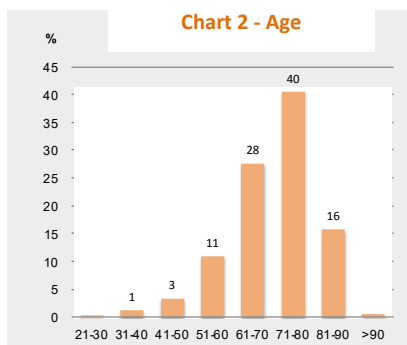
Table 2 relates to the composition of the surgical team.

Table 2 – Surgical team		
	<b>N</b>	<b>%</b>
<b><i>Degree/Level of the Surgeon</i></b>		
Assistant	156	24,5
Head of Department	86	13,5
Senior Surgeon	76	11,9
Graduate Surgeon	294	46,1
Fellow/Scholar	1	0,2
Resident	25	3,9
<b><i>Degree/Level of the Surgeon</i></b>		
Assistant	158	24,8
Head of Department	47	7,4
Senior Surgeon	89	13,9
Graduate Surgeon	238	37,3
Resident	106	16,6

Hereinafter we show the distribution of hip revision surgeries according to gender, where it is evident the predominance of the feminine gender.



The distribution of revision hip arthroplasty surgery by age group is shown in Chart nr. 2, where one can see a predominance of the following age groups: 61-70 and 71-80.



The Body Mass Index (BMI) of the patients who underwent revision hip arthroplasty is revealed in Chart nr. 3.

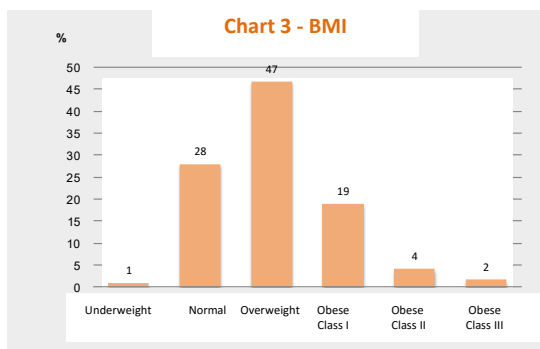
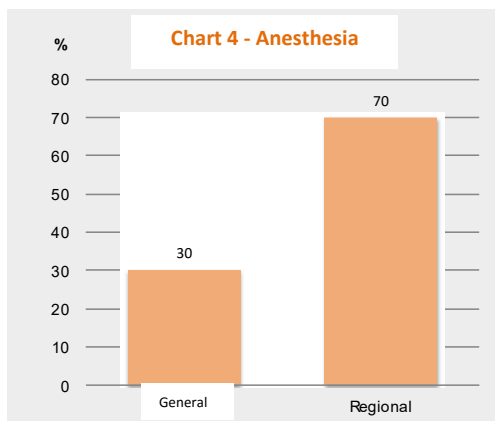


Table 3 – Demographic Identification of the sample		
	<b>N</b>	<b>%</b>
<b>Gender</b>		
Feminine	381	59,7
Masculine	257	40,3
<b>Age</b>		
21-30	2	0,3
31-40	8	1,3
41-50	21	3,3
51-60	70	11,0
61-70	176	27,6
71-80	258	40,4
81-90	100	15,7
>90	3	0,5
<b>BMI</b>		
Underweight	5	0,8
Normal	178	27,9
Overweight	298	46,7
Obese – Class I	121	19,0
Obese – Class II	26	4,1
Obese – Class III	10	1,6

The type of anesthetics used in revision hip arthroplasty can be found on Chart nr. 4, where it is evident the predominance of regional anesthesia.



The ASA peri-operative risk of the patients who underwent revision hip arthroplasty can be found in Chart nr. 5.

Nevertheless, we note here, when we compare it to the primary arthroplasties with general anesthesia, that the value in revision surgery is 30% and only 15% in primary arthroplasties, which reflects the highest degree of complexity of the revision arthroplasties.

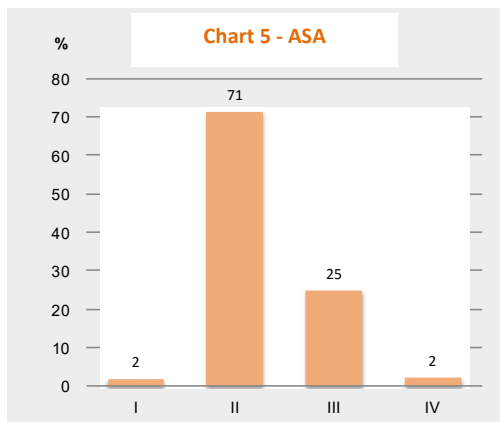


Chart nr. 6 shows the level of physical activity done by the patients who underwent surgery.

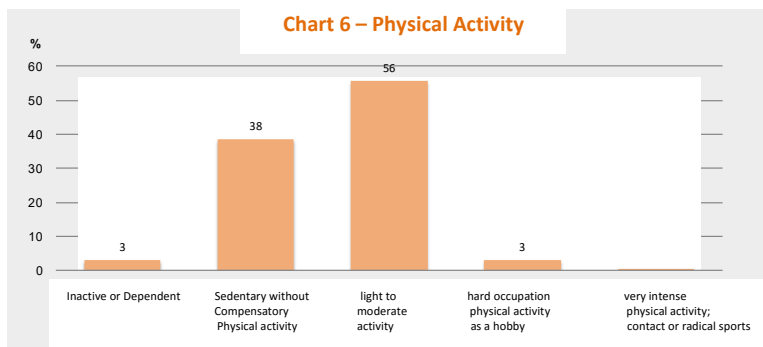
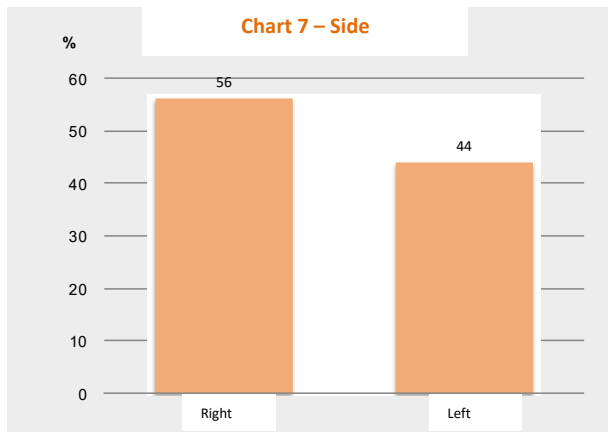
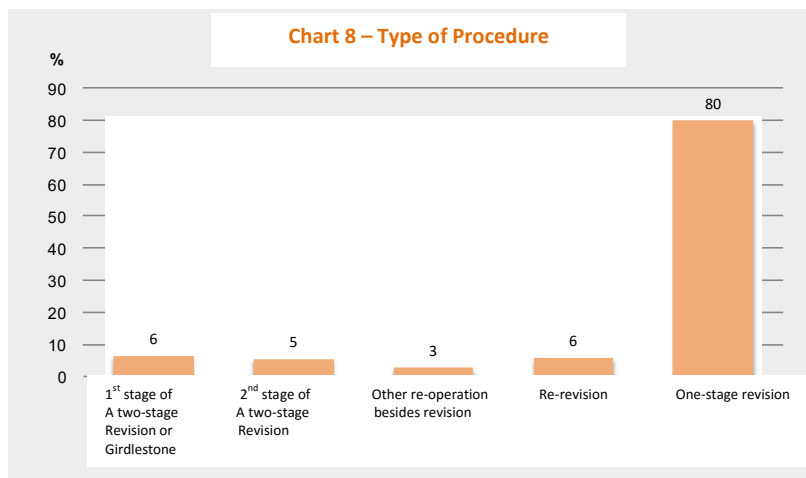


Chart nr. 7 reveals the side on which the arthroplasty was performed.





The one stage revision surgery was the type of procedure which was more widely used in the revision hip arthroplasties recorded (Chart nr. 8).



In what concerns the etiology of the revisions, the aseptic detachment of the stem and of the acetabulum, are the main causes for revision hip arthroplasty, followed by dislocation and infection (Chart nr. 9).

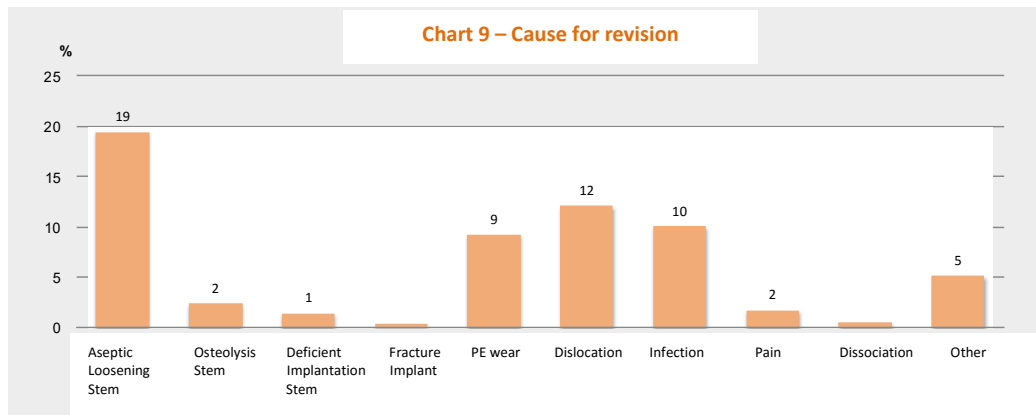


Chart nr. 10 shows the implants which were removed in the revision hip arthroplasties performed.

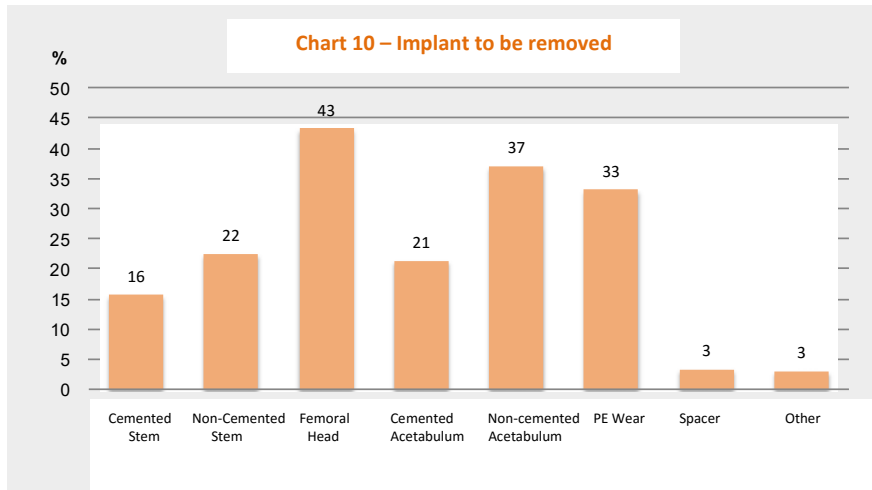


Table 4 – Identification of the procedure

	N	%
<b>Anesthesia</b>		
General	192	30,1
Regional	445	69,9

<b>ASA</b>		
I	12	1,9
II	454	71,3
III	158	24,8
IV	13	2,0
<b>Physical Activity</b>		
Inactive or dependent	18	2,9
Sedentary without any compensatory physical activity	238	38,4
Light to moderate physical activity	344	55,6
Hard occupation; physical activity as a hobby	18	2,9
Very intense physical activity; contact or radical sports	1	0,2
<b>Financial coverage</b>		
Private	7	1,1
Insurance	2	0,3
National Health System	595	93,8
Sub-system	30	4,7
<b>Comorbidities</b>		
HBP	428	67,1
Diabetes	84	13,2
RA	18	2,8
Dislipidemy	195	30,6
Cardiopathies	81	12,7
Pulmonary disease	30	4,7
Peripheral vascular disease	32	5,0

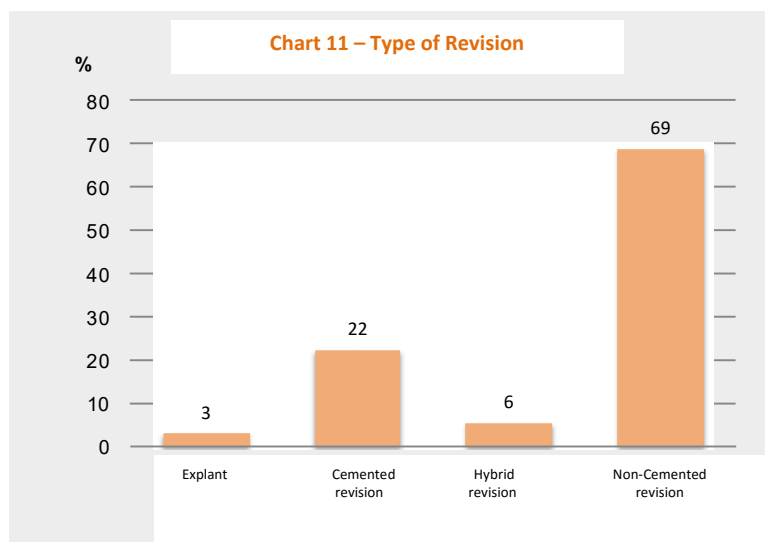
In what regards the Paying Entity, the National Health System is the main one, in this type of surgery.

The dominant pathology in the comorbidities is high blood pressure, followed by dislipidemy, diabetes and cardiopathies.

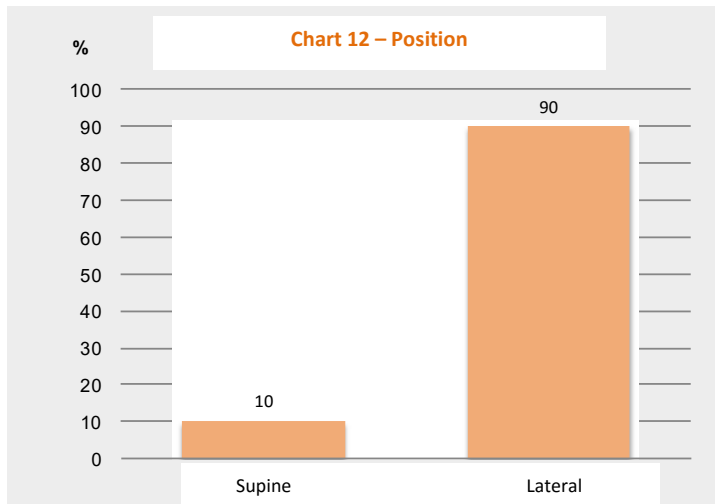
Table 5 – Characterization of the disease		
	<i>N</i>	%
<b>Side</b>		
Right	358	56,1
Left	280	43,9
<b>Procedure</b>		
1st stage of a two-stage revision or Girdlestone	40	6,3
2nd time of a two-stage revision	35	5,5
Other re-operation besides revision	17	2,7
Re - Revision	37	5,8
One stage revision	509	79,8
<b>Cause for revision</b>		
Aseptic stem loosening	124	19,4
Osteolysis of the stem	15	2,4
Deficient implantation of the stem	9	1,4
Fracture of the implant - stem	2	0,3
PE wear	59	9,2
Luxation	77	12,1
Infection	64	10,0
Pain	11	1,7
Dissociation	3	0,5
Other	33	5,2
<b>Implant to be removed</b>		
Cemented stem	100	15,7
Non-cemented stem	143	22,4
Femoral head	276	43,3
Cemented acetabulum	136	21,3
Non cemented acetabulum	236	37,0
PE	211	33,1
Spacer	21	3,3

Other	19	3,0
<b>For re-operation</b>		
Exploring the wound	1	0,2
Reduction	9	1,4
Excision	0	0,0
Osteosynthesis	3	0,5
Graft	0	0,0
Mechanical conflict	0	0,0
Other	3	0,5

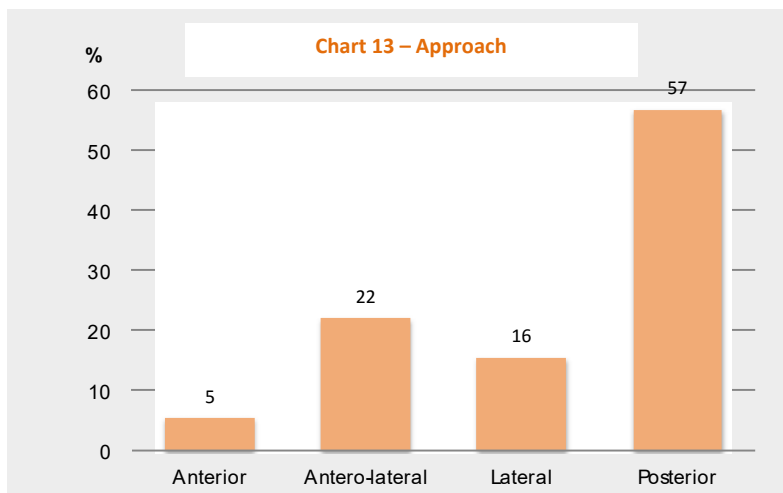
Chart nr. 11 allows us to verify that in most cases, the arthroplasties were non-cemented, in the revisions registered in 2013.



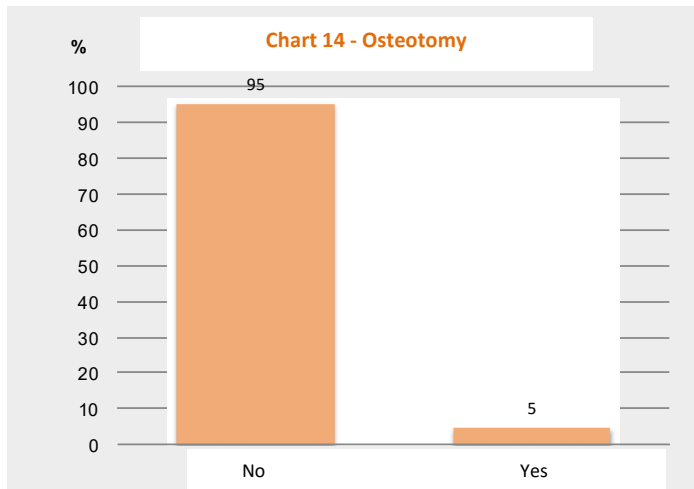
In what concerns the positioning of the patient during surgery, the lateral position is the preferred one (Chart nr. 12).



In terms of approach, in revision hip arthroplasties, it is apparent that the posterior approach was the most used (Chart nr. 13).



In 95% of the revision, no femoral osteotomy was done (Chart nr. 14).



By analyzing the arthroplasties recorded in the Portuguese Arthroplasty Register, one will realize that there is a predominance of non-cemented revision arthroplasties.

In the 27% of the cases, in which bone cement was used, in the majority of those (78%) the cement was used with antibiotics (Chart nr. 15).

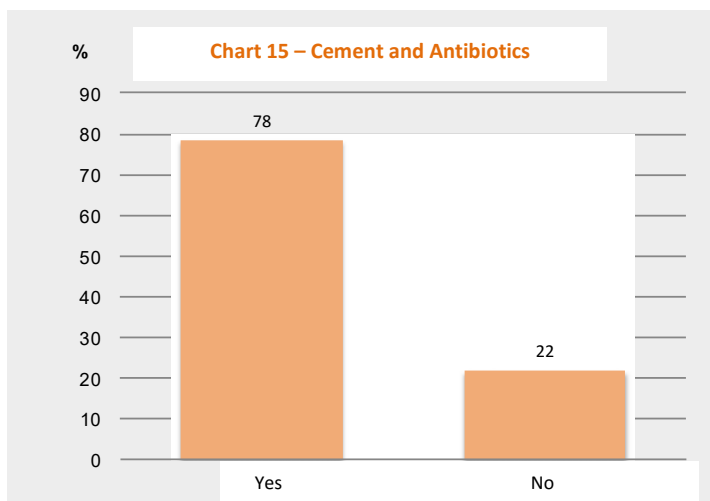


Table 6 - Surgery		
	<i>N</i>	%
<b>Procedure</b>		
Explant	19	3,1
Cemented revision	138	22,4

Hybrid revision	34	5,5
Non-cemented revision	424	68,9
<b>Position</b>		
Supine	63	10,1
Lateral	562	89,9
<b>Approach</b>		
Anterior	35	5,5
Antero-lateral	141	22,1
Lateral	99	15,5
Posterior	363	56,9
<b>Osteotomy</b>		
No	608	95,3
Yes	30	4,7
<b>Cement</b>		
No	463	72,6
Yes	175	27,4
If yes, with antibiotics?		
Yes	137	78,3
No	38	21,7
<b>Graft</b>		
No	515	81,2
Yes	119	18,8
<b>Thromboprophylaxis</b>		
Chemical	636	99,7
enoxaparin (lovenox)	597	93,9
nadroparin (fraxiparin)	4	0,6
rivaroxaban (xarelto)	35	5,5
No prophylaxis	2	0,3



<b>Antibiotic prophylaxis</b>		
No	10	1,6
Yes	628	98,4
If yes, for how long?		
24H	207	33,1
48H	240	38,3
>48H	179	28,6
<b>Antibiotics</b>		
Cefazoline	299	47,1
Cefuroxime	75	11,8
Vancomicine	23	3,6
Cefazoline + Gentamicine	22	3,5
Other	216	34,0
<b>Additional elements</b>		
Acetabular reinforcement ring	90	14,1
Acetabular increases	26	4,1
Cables and nets	95	14,9
Plates	18	2,8

Thromboprophylaxis is systematic, as can be seen, and enoxaparin is still the drug which is the most used (94 %) followed by rivaroxaban (5%).

The antibiotic prophylaxy is done in 98,4% of the revision hip arthroplasties, and the antibiotic which is more widely used is the cefazolin.

Below are the tables with the materials used in revision hip arthroplasties.

The next table lists the non-cemented stems which were used.

The table afterwards shows the cementless stems used.

<b>Non-Cemented stems</b>		
<b>Company</b>	<b>Model</b>	<b>N</b>
ZIMMER		44
	Wagner SL monobloco	31
	Revitan	7
	CLS Spotorno	2
	Wagner Cónica	1

	Versys	1
	Most (tumoral)	1
	ML-Taper Kinectiv	1
LIMA		41
	Revision Hip	39
	Modulus	1
	H-Max	1
LINK		36
	MP-Link	36
DePuy		36
	S-Rom	16
	Reef	8
	Kar (Corail de revisão)	8
	Corail	3
	Silent	1
SMITH & NEPHEW		29
	SMR Revision Hip	19
	Polar Stem	10
PETER-BRHEM		19
	MRP-Titan	19
BIOMET		14
	Hyperion modular	7
	Arcos modular	3
	Taperloc	2
	Conelock	2
STRYKER		3
	Restoration mod.	3
EVOLUTIS		2
	STEMSYS	2
SEM		1
	Iramis	1
LAFITT		1
	Selfitt	1
<b>Total</b>		<b>226</b>

The table below presents the cemented stems used.

Cemented stems		
<i>Company</i>	<i>Model</i>	<i>N</i>
ZIMMER		11
	Muller	9
	Versys LD/FX	2
SMITH & NEPHEW		11
	Muller	6
	Polar Stem	5
DePuy		10
	Corail	8
	C-Stem	2
LINK		5
	Classic-Plus	5
BIOMET		5
	Art	3
	Taperloc	1
	PMB	1
STRYKER		1
	ABG II	1
LIMA		1
	CL (revisão)	1
LAFITT		1
	Blocfitt	1
<b>Total</b>		<b>45</b>

The following table lists the non-cemented acetabula used.

Non-cemented acetabula:		
<i>Company</i>	<i>Model</i>	<i>N</i>

LIMA		77
	TT (Metal Trabecular)	56
	Delta	21
ZIMMER		62
	TMT (Metal Trabecular)	56
	Trilogy	3
	Allofit	3
DePuy		43
	Pinnacle Spirofit (roscado)	25
	Pinnacle	17
	Duraloc	1
SMITH & NEPHEW		35
	Ep-Fit Plus	21
	R3	14
BIOMET		20
	Regenerex Ringloc (Metal Trabecular)	8
	Avantage (dupla mob.)	7
	Spidercup	4
	Exceed	1
LAFITT		10
	Fitback	5
	dupla mobilidade	2
	Cupfitt	2
	LGK	1
STRYKER		4
	Trident PSL	3
	dupla mobilidade	1
PERMEDICA		3
	JUMP	3
EVOLUTIS		2
	CAPTIV	2
WRIGHT		1
	Procotyl	1
<b>Total</b>		<b>257</b>

This next table has the cemented acetabula used.

Cemented Acetabula:		
<i>Company</i>	<i>Model</i>	<i>N</i>
ZIMMER		37
	Muller	37
SMITH & NEPHEW		31
	Muller	21
	Reflection	10
LINK		27
	Muller	2
	Snap-fit	25
BIOMET		9
	Apollo	3
	Muller low profile	2
	Freedom Constrictivo	2
	Avantage (dupla mob.)	1
	Arcom XL	1
DePuy		7
	Tri-lock	6
	Poli ciment. (Ultima, Muller)	1
STRYKER		5
	Contemporary	5
LAFITT		2
	Muller	2
PERMEDICA		1
	JUMP	1
MERETE		1
	Muller	1
MBA		1
	Furlong Cup	1
Groupe Lepine		1
	Lefevre retentif	1
B BRAUN		1
	Bicontact	1
<b>Total</b>		<b>123</b>

The following table reveals the liners or inserts used in the revision arthroplasties recorded in the Portuguese Arthroplasty Register.

Liner or Insert (Acetabular lining):		
<i>Company</i>	<i>Model</i>	<i>N</i>
ZIMMER		69
	Poli Longevity Crosslink	43
	Poli Trilogy	16
	Poli Cedior Alpha Crosslink	5
	Dupla-Mobilidade	1
	Cerâmica	2
	Poli Continuum TT	1
	Poli Cedior Kappa	1
LIMA		59
	Poli X-Lima	58
	Dupla-Mobilidade	1
DePuy		57
	Poli Marathon	45
	Poli Constrictivo	10
	Poli Marathon Batan	2
SMITH & NEPHEW		51
	Ep Fit Plus Poli XLPE	27
	R3 XLPE	15
	Reflection Rex-Poli XLPE	8
	Cerâmica	1
BIOMET		45
	Ringlock Arcom	16
	IQL 3V	16
	Ringlock Spidercup	3
	Ringlock Metal	3
	Ringlock Constrained	2
	Freedom Constrictivo	2
	Ringlock Cerâmica	1
	Avantage	1

	Alize	1
LAFITT		10
	Poli Cupfit	7
	Dupla-Mobilidade	1
	Poli Crosslink LGK	2
STRYKER		5
	Trident X3	3
	Trident Crossfire	2
FH Orthopedics		2
	Poli	1
	Poli Restritivo	1
LINK		1
	Top	1
Groupe Lepine		1
	Poli	1
<b>Total</b>		<b>300</b>

The table below shows the femoral heads used.

Femoral Heads		
<i>Company</i>	<i>Model</i>	<i>N</i>
ZIMMER		108
	CrCo (Durasul/Versys)	54
	Inox (Protasul)	43
	Cerâmica	4
	Metal (Metasul)	7
SMITH & NEPHEW		108
	CrCo	67
	Cerâmica	21
	Inox	11
	Oxinium	8
	Sist. Uni ou Bipolar/biarticular	1
DePuy		86

	Articul-EZE Metal	37
	Articul-EZE	33
	Cerâmica Delta	15
	ASR (Gr. Diam.)	1
LIMA		61
	CrCo	59
	Cerâmica	2
BIOMET		48
	CrCo	35
	Cerâmica	6
	Freedom	5
	Cab. Bipolar	2
LINK		30
	CrCo	30
LAFITT		13
	Sist. Lafitt CrCo	12
	Cab. Bipolar	1
STRYKER		9
	LFIT V40	7
	Colos Modulares	2
PETER-BRHEM		8
	MRP	8
WRIGHT		6
	CrCo Wright Lineage	6
MBA		6
	CrCo	5
	Cupball	1
FH Orthopedics		2
	CrCo	1
	Inox	1
<b>Total</b>		<b>485</b>



## Knee - Primary

In the period of January 1st until December 31st 2013 were recorded 4234 primary knee arthroplasties, in the Portuguese Arthroplasty Register.

Table 1 – List of the Hospitals where the arthroplasties were performed:		
	<b>N</b>	<b>%</b>
Hospital da Prelada, Porto	420	9,9
Centro Hospitalar Baixo Vouga (Aveiro, Estarreja e Águeda)	324	7,7
Centro Hospitalar de Entre o Douro e Vouga (Santa Maria da Feira e S. João da Madeira)	313	7,4
Centro Hospitalar Leiria-Pombal	293	6,9
Hospital Ortopédico de Sant'Ana, Parede	244	5,8
Centro Hospitalar Tondela-Viseu	231	5,5
Centro Hospitalar de Trás-os-Montes e Alto Douro ( Vila Real, Chaves e Lamego)	220	5,2
Unidade Local de Saúde do Nordeste (Macedo de Cavaleiros e Bragança)	200	4,7
Hospital Curry Cabral, Lisboa	195	4,6
Centro Hospitalar do Médio Tejo (Tomar, Abrantes e Torres Novas))	127	3,0
Centro Hospitalar da Póvoa do Varzim - Vila do Conde	117	2,8
Hospital Escala Braga (ex- H. de S. Marcos)	109	2,6
Centro Hospitalar do Tâmega e Sousa ( Penafiel e Amarante)	106	2,5
Centro Hospitalar de Setúbal, Hospital Ortopédico Sant'Iago do Outão	96	2,3
Hospital do Litoral Alentejano, Santiago do Cacém	96	2,3
Hospital da Cruz Vermelha Portuguesa, Lisboa	86	2,0
Centro Hospitalar São João (HSJ e Valongo)	82	1,9
Hospital Garcia de Orta, Almada	71	1,7
Misericórdia de Riba d'Ave - Hospital Narciso Ferreira , Famalicão	67	1,6
Hospital de Faro	60	1,4
Centro Hospitalar Lisboa Norte, Hospital de Santa Maria	57	1,3
Hospital Nossa Senhora do Rosário, Barreiro	57	1,3
Hospital de S. João de Deus, Montemor-o-Novo	56	1,3
Hospital Distrital de Torres Vedras	41	1,0
Unidade Local de Saúde da Guarda - Hospital de Sousa Martins	37	0,9
Hospital Vila Franca de Xira	36	0,9
HOSPOR - Hospital de Santiago (Espírito Santo Saúde), Setúbal	34	0,8
Unidade Local de Saúde do Baixo Alentejo - Beja	34	0,8

Misericórdia de Marco de Canavezes - Hospital Santa Isabel	32	0,8
Hospital Militar Regional I, Porto	30	0,7
Hospital Particular do Algarve - Unidade de Gambelas, Faro	30	0,7
Unidade Local de Saúde do Norte Alentejano - Portalegre e Elvas	26	0,6
Centro Hospitalar de Lisboa Ocidental, Hospital de S. Francisco Xavier	25	0,6
Centro Hospitalar Universitário de Coimbra (HUC e Covões)	23	0,5
Hospital da Ven. O. Terc. de S. Francisco, Porto	22	0,5
Hospital da Misericórdia da Mealhada	22	0,5
Hospital de Ponta Delgada, Açores	20	0,5
Hospital Distrital de Ovar (Hospital Dr. Francisco Zagalo)	19	0,4
Hospital da Misericórdia de Lousada	17	0,4
Hospital Distrital da Figueira da Foz	16	0,4
Centro Hospitalar de Vila Nova de Gaia e Espinho	15	0,4
Clínica de Santo António - Clisa, Reboleira, Amadora	15	0,4
British Hospital Lisboa XXI	14	0,3
Intercir – Centro Cirúrgico de Coimbra, SA	12	0,3
Centro Hospitalar do Médio Ave (Santo Tirso e Famalicão)	11	0,3
Hospital da Luz, Lisboa	11	0,3
Hospital da Arrábida (Espírito Santo Saúde), Vila Nova de Gaia	10	0,2
Hospital Distrital de Santarém	10	0,2
Hospital Amadora-Sintra (Prof. Dr. Fernando Fonseca)	8	0,2
Centro Hospitalar de Lisboa Central, Hospital de S. José	7	0,2
HPP Norte - H. Privado dos Clérigos e H. Privado da Boavista, Porto	7	0,2
Misericórdia do Entroncamento - Hospital S. João Baptista	6	0,1
Clínica de S. João de Deus, Lisboa	3	0,1
Hospital Distrital da Horta, Açores	3	0,1
Clínica do Bom Jesus, Ponta Delgada, S. Miguel, Açores	2	0,0
CLIRIA - Hospital Privado de Aveiro	2	0,0
Hospital CUF Descobertas, Lisboa	2	0,0
Hospital de Santo Espírito de Angra do Heroísmo, Açores	2	0,0
Unidade Local de Saúde de Castelo Branco - Hospital Amato Lusitano	2	0,0
Centro Hospitalar do Porto - Hospital Geral de Santo António	1	0,0
<b>Total</b>	<b>4234</b>	<b>100,0</b>

Table 2 shows the composition of the surgical team in the knee arthroplasties recorded.

Table 2 – Surgical team		
	<i>N</i>	%
<b><i>Degree of the Surgeon</i></b>		
Assistant	845	20,0
Head of Department	716	16,9
Junior Surgeon	2	0,0
Senior Surgeon	569	13,4
Graduate Surgeon	1723	40,7
Fellow/Scholar	3	0,1
Resident	376	8,9
<b><i>Degree of the first help</i></b>		
Assistant	964	22,8
Head of Department	486	11,5
Junior Surgeon	14	0,3
Senior Surgeon	590	13,9
Graduate Surgeon	1529	36,1
Fellow/Scholar	12	0,3
Resident	638	15,1

In the distribution according to gender (Chart nr. 1), there is a predominance of females.

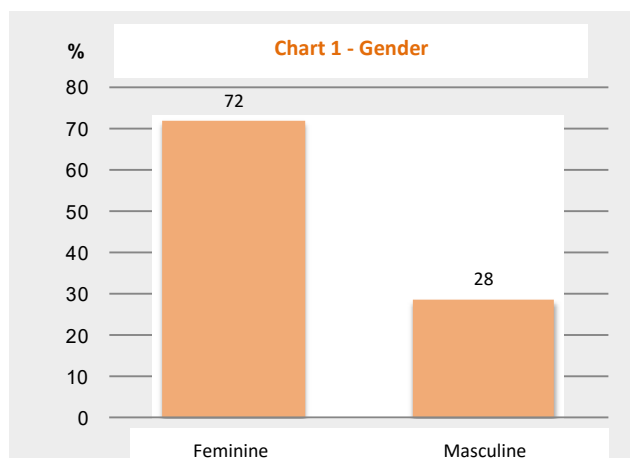
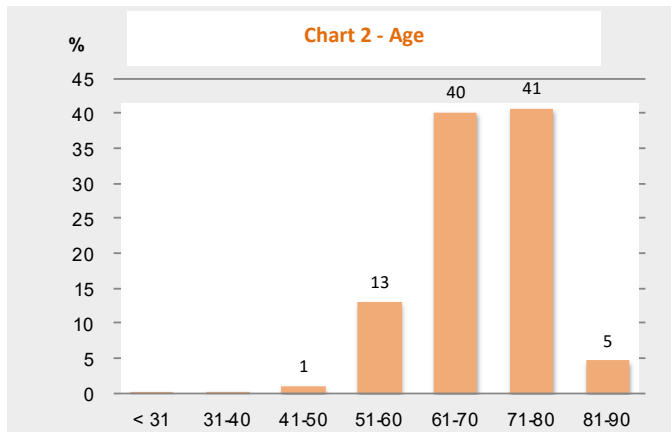
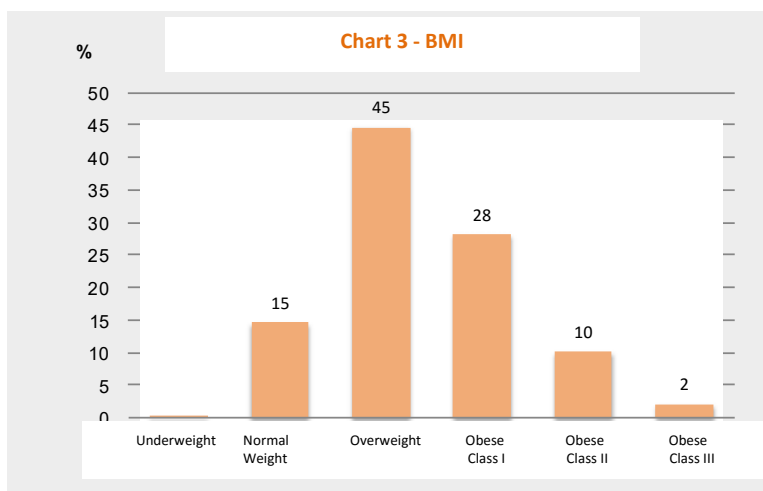


Chart nr. 2 represents the distribution by age groups, and the two main groups are: 61-70 and 71-80 years.



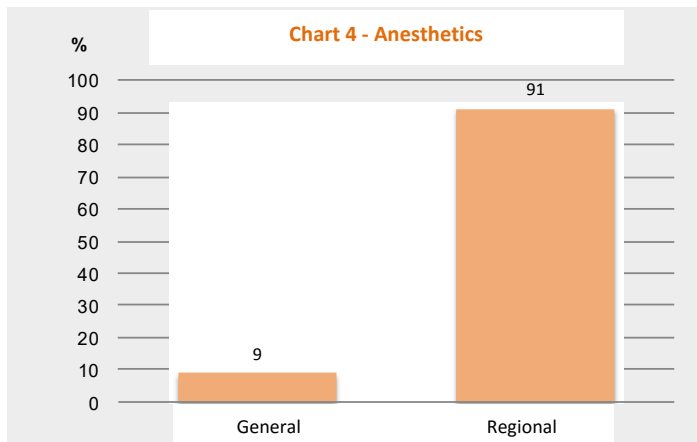
The Body Mass Index (Chart nr. 3) of the patients submitted to hip arthroplasty, ranges from overweight to Obese Class I.



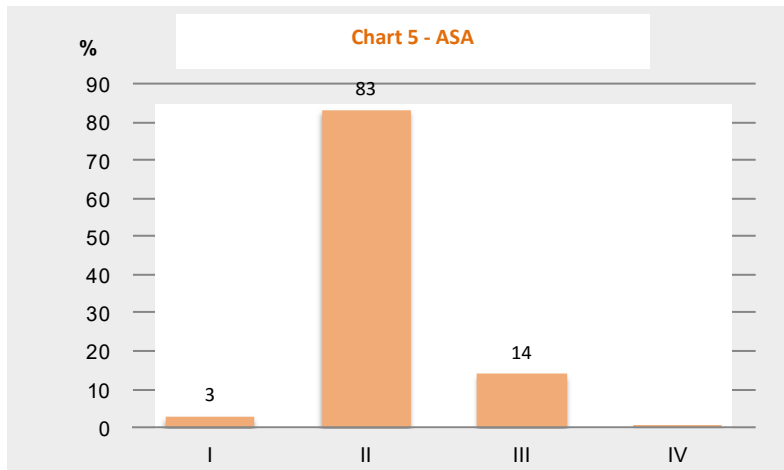
	<i>N</i>	%
<b>Gender</b>		
Feminine	3032	71,6
Masculine	1202	28,4

<b>Age</b>		
< 31	2	0,0
31-40	15	0,4
41-50	44	1,0
51-60	551	13,0
61-70	1700	40,2
71-80	1721	40,7
81-90	198	4,7
<b>BMI</b>		
Underweight	7	0,2
Normal weight	614	14,6
Overweight	1872	44,7
Obese – Class I	1181	28,2
Obese – Class II	428	10,2
Obese – Class III	90	2,1

The type of anesthesia which was used the most in this type of arthroplasty, was the regional or local anesthesia (Chart nr. 4).



The ASA peri-operative risk assessment of the patients who underwent knee arthroplasty, was predominantly II and III (Chart nr. 5).



The patients who underwent surgery were sedentary, or practiced light to moderate activity (Chart nr. 6).

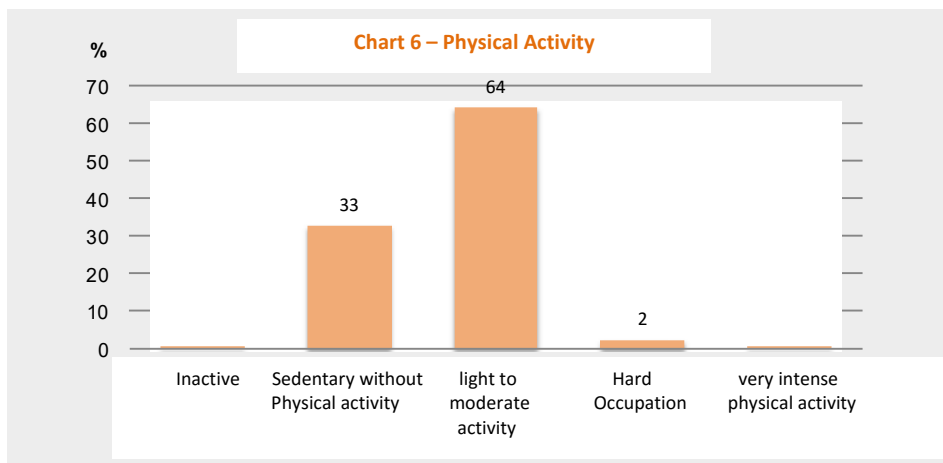
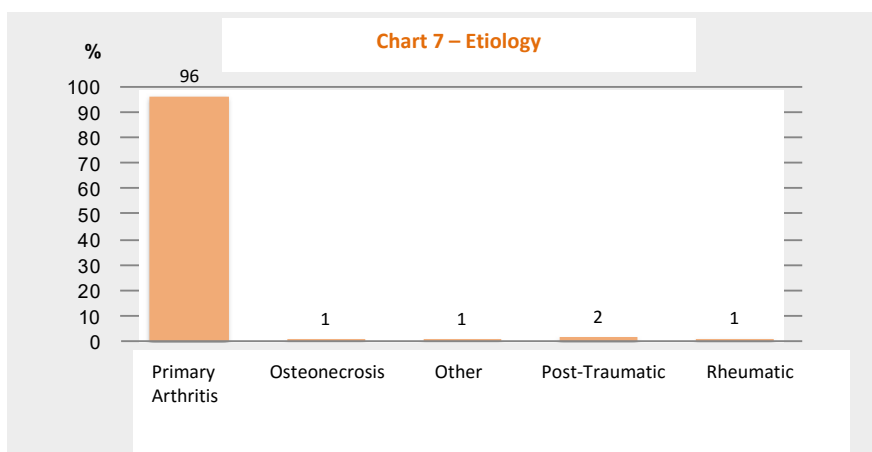


Table 4 – Identification of the procedure		
	<b>N</b>	<b>%</b>
<b>Anesthesia</b>		
General	375	8,9
Regional	3854	91,1
<b>ASA</b>		

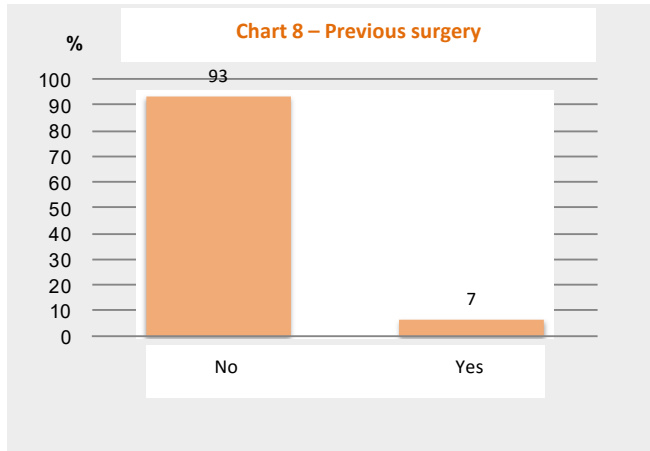
I	117	2,8
II	3520	83,2
III	587	13,9
IV	9	0,2
<b>Physical activity</b>		
Inactive or dependent	19	0,5
Sedentary without any compensatory physical activity	1387	32,9
Light to moderate physical activity	2710	64,2
Hard occupation; physical activity as a hobby	103	2,4
Very intense physical activity; contact or radical sports	2	0,0
<b>Paying Entity</b>		
Private	63	1,5
Insurance	26	0,6
National Health System	3899	92,2
Sub-system	243	5,7

Regarding the Paying Entity, the National Health System is still the main one, in this type of procedure.

In the etiology, one observes the preponderance of the primary arthritis (96%).



About 7% of the patients had had previous surgery in the knee which was submitted to knee arthroplasty (Chart nr. 8).



The dominant type of procedure continues to be the cemented total knee arthroplasty (Chart nr. 9).

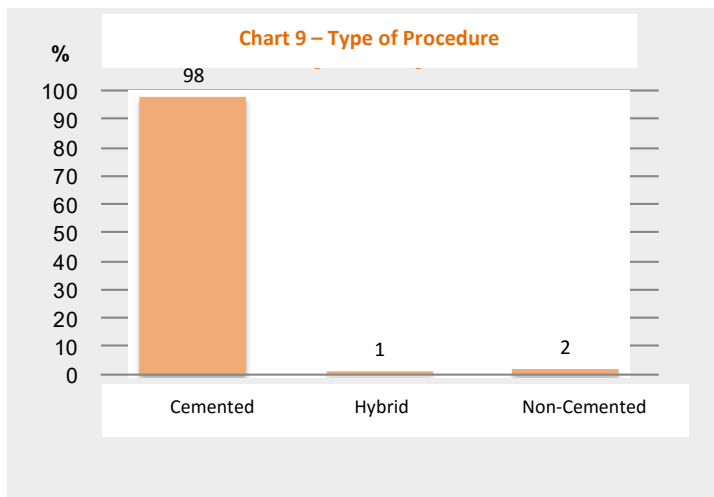




Table 5 – Characterization of the disease		
	<b>N</b>	<b>%</b>
<b>Side</b>		
Bilateral	947	22,4
Unilateral	3283	77,6
<b>Side</b>		
Right	2181	51,6
Left	2044	48,4
<b>Etiology</b>		
Primary Arthritis	4068	96,1
Osteonecrosis	23	0,5
Other	26	0,6
Post-Traumatic	70	1,7
Rheumatic	44	1,0
<b>Previous Surgery</b>		
No	3949	93,3
Yes	282	6,7
<b>Type of Arthroplasty</b>		
Condylar	55	1,3
Total Arthroplasty	4176	98,7
<b>Type of Procedure</b>		
Cemented	4125	97,6
Hybrid	36	0,9
Non Cemented	67	1,6
<b>Degree of Difficulty</b>		
Complex Primary	133	3,1
Simple Primary	4098	96,9

<b>Comorbidities</b>		
HBP	3115	73,6
Diabetes	708	16,7
RA	67	1,6
Dislipidemy	1521	35,9
Cardiopathies	314	7,4
Pulmonary Disease	139	3,3
Peripheral vascular disease	286	6,8
Other	802	18,9

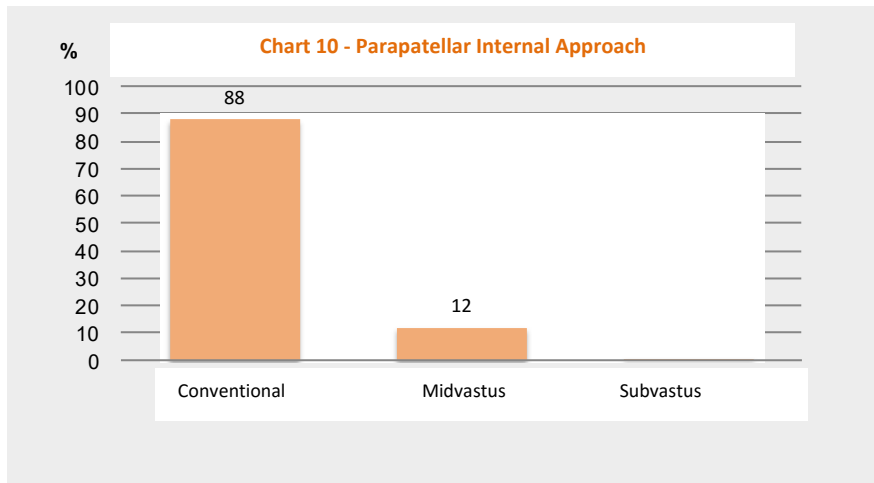
The overwhelming majority of the patients who underwent total knee arthroplasties (around 99%), in what concerns the primary arthroplasties, to the detriment of unicompartmental arthroplasties.

The dominant type of procedure continues to be the cemented type.

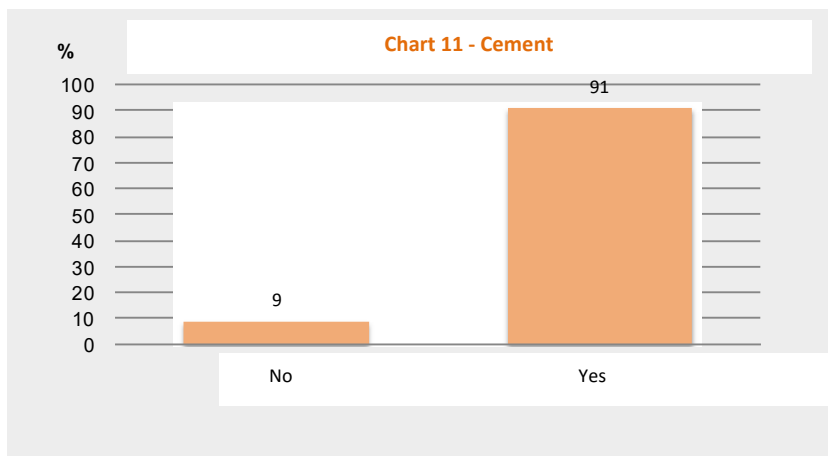
The main pathology as far as comorbidities, is high blood pressure, followed by dislipidemy, diabetes and cardiopathies.

The surgical approach was, massively, the parapatellar internal approach, representing 99,8% of the surgeries recorded.

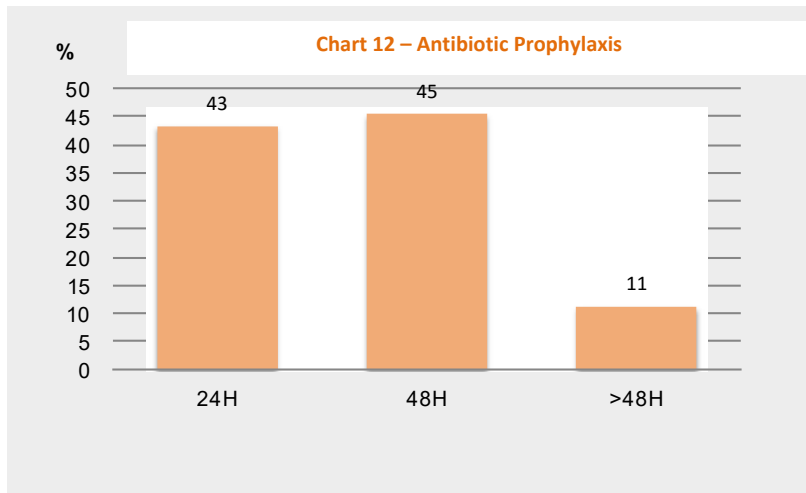
Within the internal parapatellar approach, in 87,9% of them, the conventional approach was the norm (Chart nr. 10)



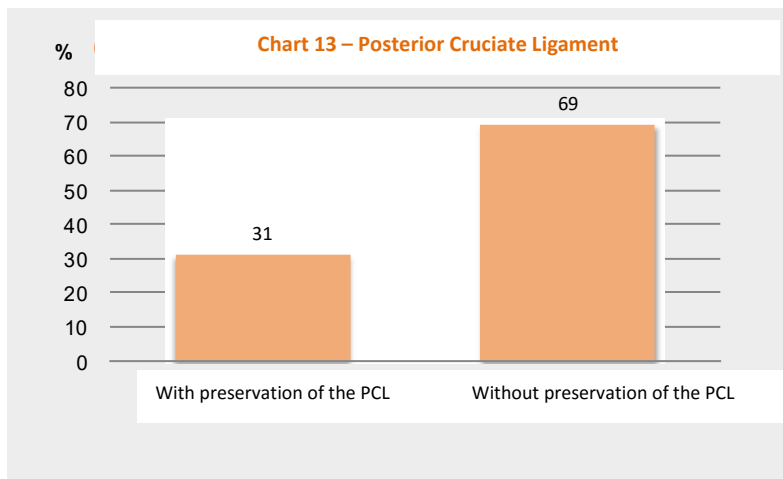
In the vast majority of the knee arthroplasties, the surgeon opted for cementation (Chart nr. 11).



The antibiotic prophylaxis is done in 99,7% of the knee arthroplasties, and that therapy is done for a period of up to 48 hours (Chart nr. 12).



In 69% of the knee arthroplasties, the substitution of the posterior cruciate ligament was performed (Chart nr. 13).



In 4% of the cases, mobile bearing platforms were used, and the preference is clearly for the fixed plate (96% of the cases) (Chart nr. 14).

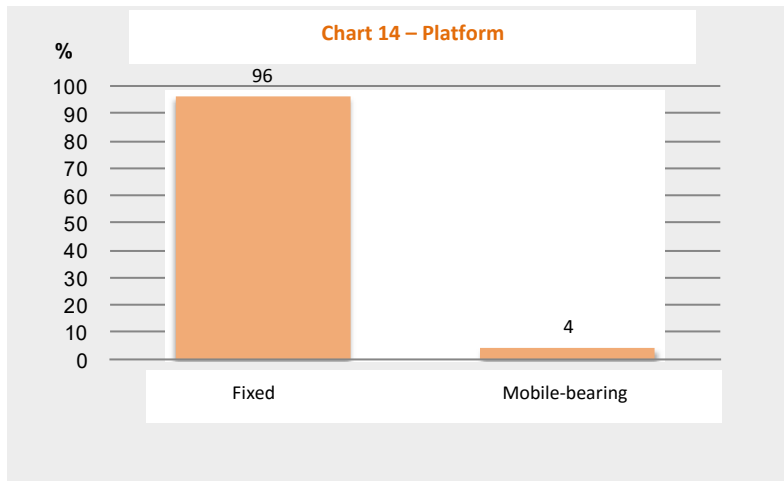
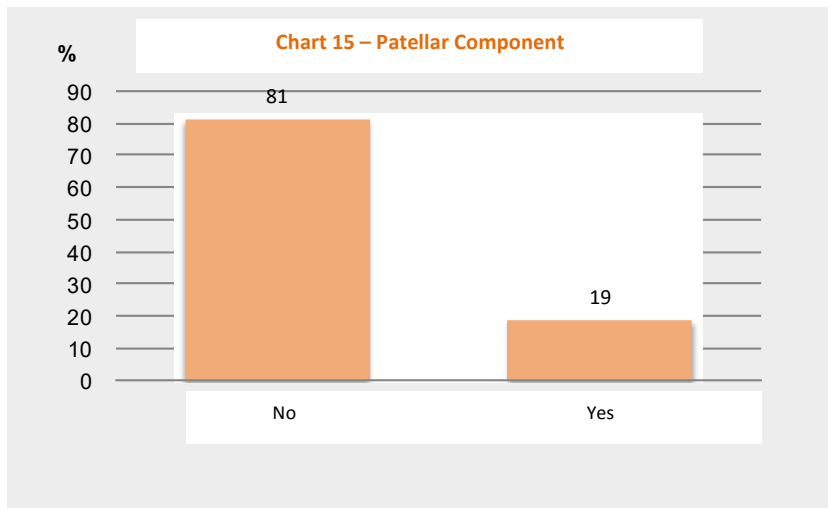


Chart nr. 15 reflects the use of the patellar component. In 18,8% of the knee arthroplasties, a patellar component was used.



The size of the incision is, in the majority of the cases, between 11 and 18 centimeters (Chart nr. 13).

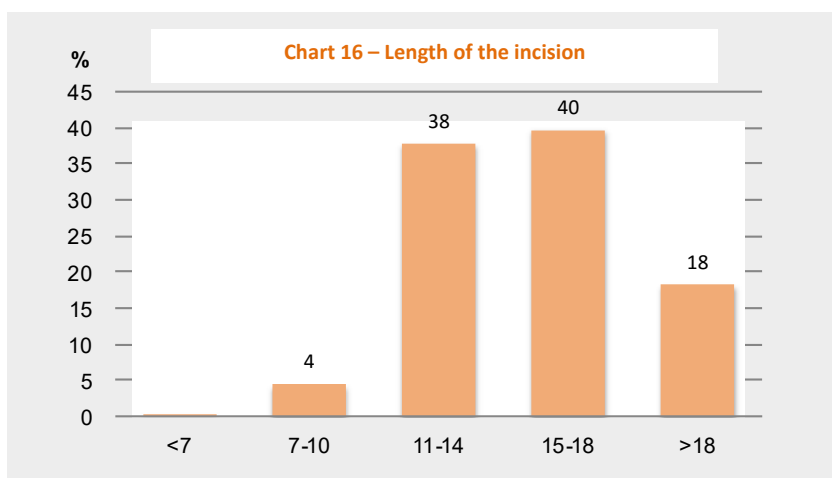


Table 6 - Surgery		
	<i>N</i>	%
<b>Approach</b>		
External parapatellar approach	7	0,2
Internal parapatellar approach	4224	99,8
Conventional	3710	87,9
Midvastus	502	11,9
Subvastus	9	0,2
<b>Length of the incision</b>		
<7	1	0,0
7-10	177	4,4
11-14	1518	37,7
15-18	1598	39,7
>18	734	18,2
<b>Cement</b>		
No	382	9,0
Yes	3849	91,0
If yes, with antibiotics?		
Yes	2291	59,5
No	1557	40,5

<b>Graft</b>		
No	4207	99,5
Yes	23	0,5
Tibial graft	12	52,2
Femoral graft	13	56,5
<b>Thromboprophylaxis</b>		
Mechanical	1	0,0
Chemical	4226	99,9
dabigatran (pradaxa)	19	0,4
eliquis (apixaban)	2	0,0
enoxaparin (lovenox)	3881	91,8
nadroparin (fraxiparina)	48	1,1
rivaroxaban (xarelto)	272	6,4
Other	4	0,1
No prophylaxy	3	0,1
<b>Antibiotic prophylaxy</b>		
No	2	0,0
Yes	4227	100,0
If yes, for how long?		
24H	1832	43,4
48H	1917	45,4
>48H	477	11,3
<b>Antibiotics</b>		
Cefazoline	2497	59,4
Cefuroxime	486	11,6
Cefoxitine	43	1,0
Other	1181	28,1
<b>Patellar Component</b>		
No	3435	81,2
Yes	795	18,8

Encastrable	626	78,8
Resurfacing	168	21,2
<b>Platform</b>		
Fixed	4062	96,0
Mobile bearing	168	4,0

In most of the knee arthroplasties recorded, they were cemented, and in 59.5% of the cases of cemented arthroplasty, the cement was used antibiotics.

As can be seen, the Thromboprophylaxis is systematic (99.9%), enoxaparin continuing to be the most widely used drug (used in more than 91.8%), followed by rivaroxaban in about 6.4% of the cases.

Antibiotic prophylaxis is carried out in 99.7% of the knee arthroplasties, mainly for a period of up to 48 hours, and the most commonly used antibiotic was cefazolin.

Here is the list of the implants used in knee arthroplasties registered from 1 January to 31 December 2013.

The following table shows the femoral components used.

Femoral Component		
<i>Company</i>	<i>Model</i>	<i>N</i>
SMITH & NEPHEW		1269
	TC-Plus	660
	Profix	427
	Legion	169
	Acuris (uni)	7
	Journey-BCS	3
	Journey PFJ (patelo-femoral)	2
	RT Modular-Plus (hinge)	1
BIOMET		853
	Sist. Vanguard	820



	Oxford (uni)	30
	Vanguard SSK (revisão)	2
	Sist. Performance	1
DePuy		647
	Sist. PFC Sigma	622
	TC3 Sigma	23
	S-Rom Noiles (hinge)	2
WRIGHT		423
	Advance	423
ZIMMER		388
	NexGen	356
	Natural Knee	22
	ZUC (uni)	8
	LCCK (Legacy Constrained)	2
STRYKER		294
	Sist. Triathlon	294
LAFITT		163
	Anakine	156
	Classic	7
LIMA		143
	Multigen Plus	143
MBA		93
	Kneetec	58
	HLS Noetos	28
	Apex	5
	Evolution (uni)	2
B BRAUN		16
	Columbus	16
LINK		6
	Endo-Model (hinge)	6
TRAIBER		1
	Excel	1
<b>Total</b>		<b>4296</b>

The table below lists the patellar components used.

Patellar component		
<i>Company</i>	<i>Model</i>	<i>N</i>
DePuy		336
	Sist. PFC Sigma	323
	TC3 Sigma	10
	S-Rom Noiles (hinge)	3
BIOMET		136
	Sist. Vanguard	136
STRYKER		85
	Sist. Triathlon	85
SMITH & NEPHEW		45
	TC-Plus	24
	Legion	13
	Profix	5
	Journey PFJ (patelo-femoral)	2
	Journey-BCS	1
MBA		35
	HLS Noetos	21
	Kneetec	12
	Optetrack	1
	Apex	1
WRIGHT		22
	Advance	22
ZIMMER		18
	NexGen	18
LIMA		5
	Multigen Plus	5
B BRAUN		2
	Columbus	2
TRAIBER		1
	Excel	1
LAFITT		1
	Anakine	1
<b>Total</b>		<b>686</b>

The following table lists the tibial components recorded.

Tibial Component		
<i>Company</i>	<i>Model</i>	<i>N</i>
SMITH & NEPHEW		1177
	TC-Plus	617
	Profix	388
	Legion	164
	Acuris (uni)	5
	Journey-BCS	2
	RT Modular-Plus (hinge)	1
BIOMET		784
	Sist. Vanguard	754
	Oxford (uni)	24
	Sist. Performance	4
	Vanguard SSK (revisão)	2
DePuy		634
	Sist. PFC Sigma	606
	TC3 Sigma	24
	S-Rom Noiles (hinge)	4
WRIGHT		379
	Advance	379
ZIMMER		331
	NexGen	306
	Natural Knee	19
	ZUC (uni)	6
STRYKER		245
	Sist. Triathlon	245
LAFITT		158
	Anakine	151
	Classic	7
LIMA		137
	Multigen Plus	137
MBA		77
	Kneetec	52
	HLS Noetos	21

	Evolution (uni)	2
	Optetrack	1
	Apex	1
B BRAUN		12
	Columbus	12
LINK		5
	Endo-Model (hinge)	5
TRAIBER		1
	Excel	1
<b>Total</b>		<b>3940</b>

The table below has a list of the femoral and tibial stems which were used, in the primary arthroplasties of the knee.

Femoral and Tibial Stems		
<b>Company</b>	<b>Model</b>	<b>N</b>
SMITH & NEPHEW		494
	Profix	389
	TC-Plus	104
	Legion	1
STRYKER		35
	Sist. Triathlon	35
DePuy		34
	Sist. PFC Sigma	29
	TC3 Sigma	5
BIOMET		16
	Sist. Vanguard	15
	Vanguard SSK (revisão)	1
WRIGHT		12
	Advance	12
MBA		7
	Kneetec	4
	Apex	3
LAFITT		5
	Anakine	5

ZIMMER		4
	NexGen	4
LIMA		4
	Multigen Plus	4
B BRAUN		2
	Columbus	2
<b>Total</b>		<b>613</b>

The table below lists the polyethylene used.

Polyethylene		
<i>Company</i>	<i>Model</i>	<i>N</i>
SMITH & NEPHEW		1117
	TC-Plus	564
	Profix	378
	Legion	166
	Acuris (uni)	5
	RT Modular-Plus (hinge)	2
	Journey-BCS	2
BIOMET		730
	Sist. Vanguard	699
	Oxford (uni)	25
	Sist. Performance	3
	Vanguard SSK (revisão)	2
	Alpina	1
DePuy		386
	Sist. PFC Sigma	359
	TC3 Sigma	24
	S-Rom Noiles (hinge)	3
WRIGHT		351
	Advance	351
ZIMMER		329

	NexGen	300
	Natural Knee	21
	ZUC (uni)	6
	LCCK (Legacy Constrained)	2
STRYKER		229
	Sist. Triathlon	229
LAFITT		140
	Anakine	133
	Classic	7
LIMA		132
	Multigen Plus	132
MBA		70
	Kneetec	47
	HLS Noetos	21
	Optetrack	1
	Apex	1
B BRAUN		13
	Columbus	13
TRAIBER		1
	Excel	1
LINK		1
	Endo-Model (hinge)	1
<b>Total</b>		<b>3499</b>

The next tables have the list of the augments and sleeves, used in the primary knee arthroplasties recorded.

Augments		
<b>Company</b>	<b>Model</b>	<b>N</b>
BIOMET		5
	Sist. Vanguard	5

ZIMMER		4
	NexGen	4
LIMA		3
	Multigen Plus	3
DePuy		3
	Sist. PFC Sigma	3
SMITH & NEPHEW		2
	TC-Plus	1
	Profix	1
LAFITT		1
	Anakine	1
<b>Total</b>		<b>18</b>

Sleeves		
<b>Company</b>	<b>Model</b>	<b>N</b>
DePuy		8
	TC3 Sigma	6
	S-Rom Noiles (hinge)	2
BIOMET		1
	Sist. Vanguard	1
<b>Total</b>		<b>9</b>

## Knee - Revision

In the period of January 1 to December 31 2013, 272 revision knee arthroplasties were recorded.

Below is a list of the hospitals where the surgeries were performed.

Table 1 – List of Hospitals		
	N	%
Hospital da Prelada, Porto	50	18,4
Centro Hospitalar Leiria-Pombal	32	11,8
Centro Hospitalar de Entre o Douro e Vouga (Santa Maria da Feira e S. João da Madeira)	28	10,3
Hospital Ortopédico de Sant'Ana, Parede	26	9,6
Centro Hospitalar de Trás-os-Montes e Alto Douro ( Vila Real, Chaves e Lamego)	22	8,1
Centro Hospitalar Tondela-Viseu	12	4,4
Centro Hospitalar de Setúbal, Hospital Ortopédico Sant'Iago do Outão	11	4,0
Hospital Curry Cabral, Lisboa	11	4,0
Hospital Garcia de Orta, Almada	11	4,0
Centro Hospitalar Baixo Vouga (Aveiro, Estarreja e Águeda)	9	3,3
Centro Hospitalar do Tâmega e Sousa ( Penafiel e Amarante)	9	3,3
Hospital do Litoral Alentejano, Santiago do Cacém	7	2,6
Hospital Escala Braga (ex- H. de S. Marcos)	7	2,6
Centro Hospitalar Lisboa Norte, Hospital de Santa Maria	6	2,2
Hospital Militar Regional I, Porto	3	1,1
Centro Hospitalar do Médio Tejo (Tomar, Abrantes e Torres Novas))	2	0,7
Centro Hospitalar São João (HSJ e Valongo)	2	0,7
Centro Hospitalar Universitário de Coimbra (HUC e Covões)	2	0,7
Hospital de Faro	2	0,7
Hospital Distrital de Torres Vedras	2	0,7
Hospital Nossa Senhora do Rosário, Barreiro	2	0,7
HOSPOR - Hospital de Santiago (Espírito Santo Saúde), Setúbal	2	0,7



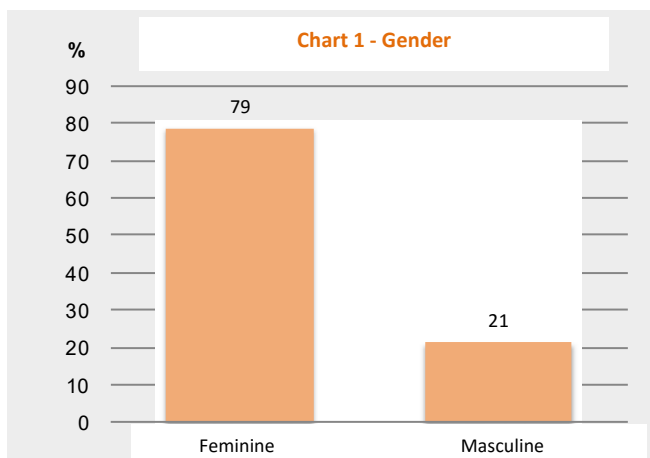
Misericórdia de Riba d'Ave - Hospital Narciso Ferreira , Famalicao	2	0,7
Unidade Local de Saúde da Guarda - Hospital de Sousa Martins	2	0,7
Centro Hospitalar da Póvoa do Varzim - Vila do Conde	1	0,4
Centro Hospitalar de Lisboa Ocidental, Hospital de S. Francisco Xavier	1	0,4
Hospital da Arrábida (Espírito Santo Saúde), Vila Nova de Gaia	1	0,4
Hospital da Cruz Vermelha Portuguesa, Lisboa	1	0,4
Hospital da Luz, Lisboa	1	0,4
Hospital da Misericórdia da Mealhada	1	0,4
Hospital de S. João de Deus, Montemor-o-Novo	1	0,4
Hospital Distrital de Santarém	1	0,4
Hospital Particular do Algarve - Unidade de Gambelas, Faro	1	0,4
Hospital Vila Franca de Xira	1	0,4
<b>Total</b>	<b>272</b>	<b>100,0</b>

Table 2 shows the composition of the surgical team in revision knee arthroplasties, confirming a higher degree of differentiation of the surgeon when we compare this type of surgery to primary arthroplasties.

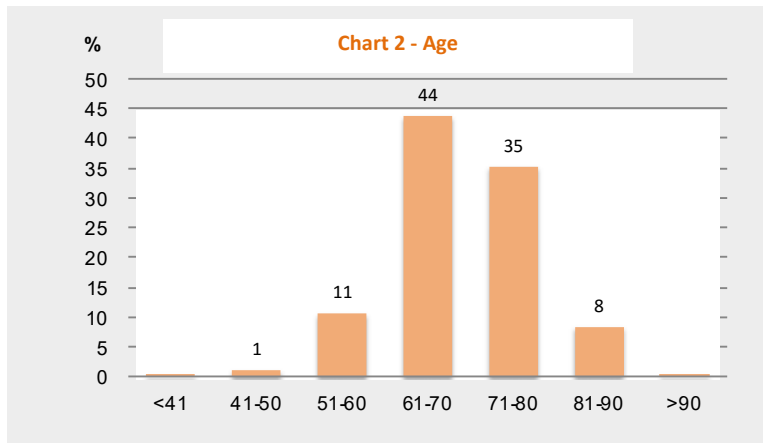
Table 2 – Surgical team		
	<b>N</b>	<b>%</b>
<b><i>Degree of the Surgeon</i></b>		
Assistant	50	18,4
Head of Department	36	13,2
Senior Surgeon	46	16,9
Graduate Surgeon	127	46,7
Resident	13	4,8
<b><i>Degree of the first help</i></b>		
Assistant	78	28,8
Head of Department	15	5,5
Senior Surgeon	51	18,8
Graduate Surgeon	86	31,7
Resident	41	15,1
Total	271	100,0

Table 3 – Identification of the demographic sample		
	<i>N</i>	%
<b>Gender</b>		
Feminine	214	78,7
Masculine	58	21,3
<b>Age</b>		
<41	1	0,4
41-50	3	1,1
51-60	29	10,7
61-70	119	43,8
71-80	96	35,3
81-90	23	8,5
>90	1	0,4
<b>BMI</b>		
Underweight	0	0,0
Normal weight	31	11,4
Overweight	119	43,9
Obese – Class I	82	30,3
Obese – Class II	30	11,1
Obese – Class III	9	3,3

In the distribution according to gender, there is a great predominance of females (Chart nr. 1).



The distribution of the patients by age, shows a predominance of the age groups of 61-70 and 71-80 (Chart nr. 2).



The Body Mass Index of the patients who underwent revision knee arthroplasties ranges from overweight to Obese Class I (Chart nr. 3).

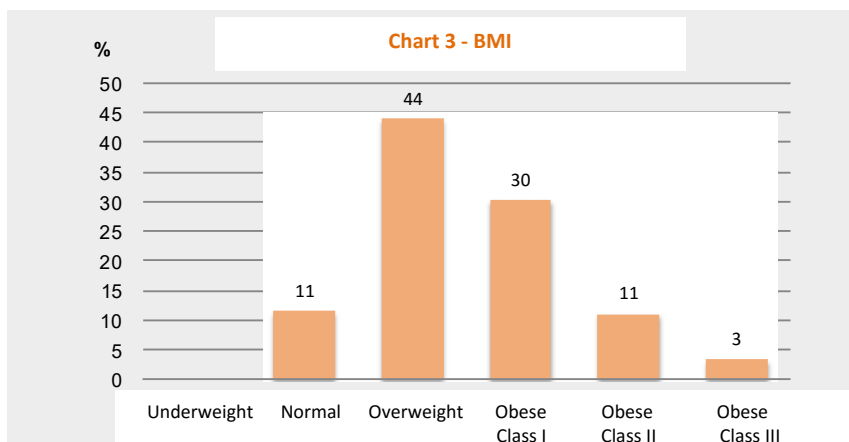
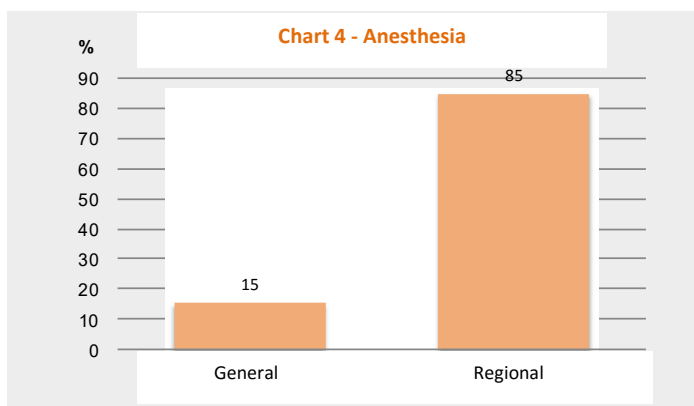
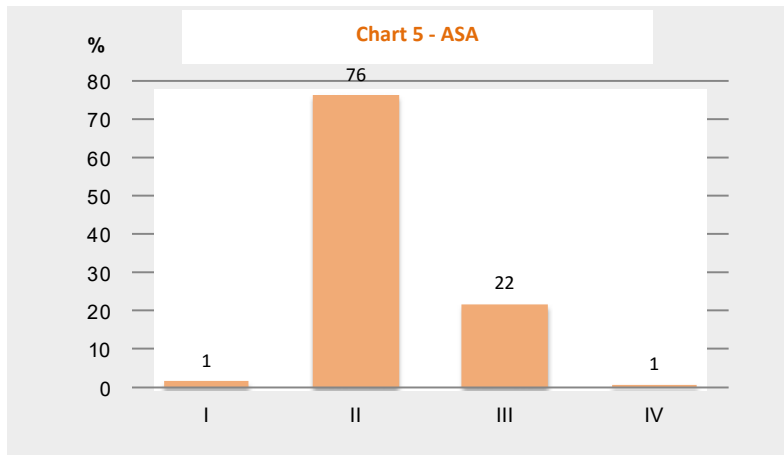


Table 4 – Identification of the Procedure		
	N	%
<b>Anesthesia</b>		
General	42	15,4
Regional	230	84,6
<b>ASA</b>		
I	4	1,5
II	207	76,1
III	59	21,7
IV	2	0,7
<b>Physical activity</b>		
Inactive or dependent	5	1,8
Sedentary without compensatory physical activity	90	33,1
Light to moderate activity	170	62,5
Hard occupation; physical activity as a hobby	7	2,6
Very intense physical activity; contact or radical sports	0	0,0
<b>Finantial Coverage</b>		
Private	5	1,8
National Health System	252	92,6
Sub-system	15	5,5

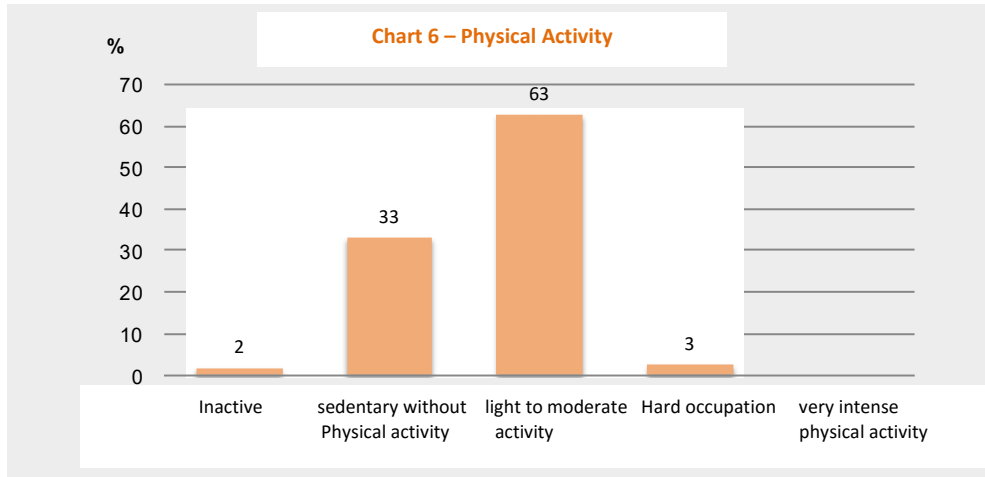
The type of anesthesia which was used the most was the regional or local anesthesia (Chart nr. 4).



The ASA peri-operative risk assessment of the patients who underwent knee arthroplasty, was predominantly II and III (Chart nr. 5).



The majority of the patients who underwent surgery were either sedentary or had a light to moderate physical activity level (Chart nr. 6).

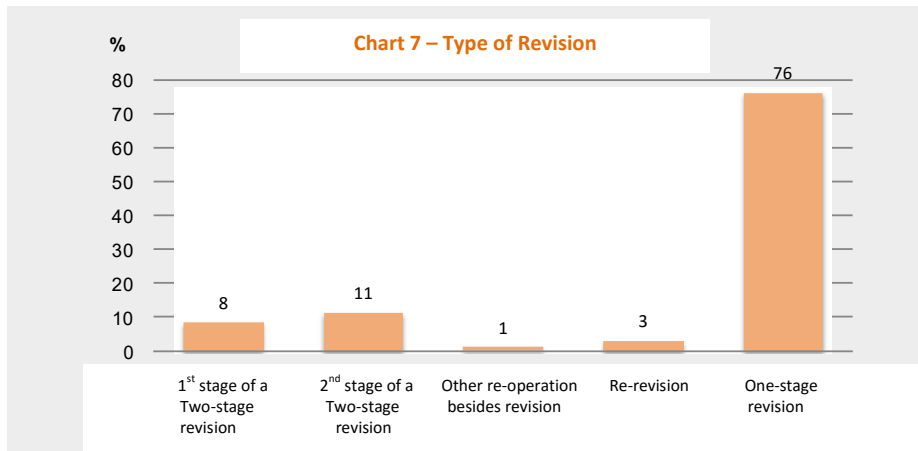


In what regards the Paying Entity, the National Health System is still the predominant paying entity of this type of surgical procedure.

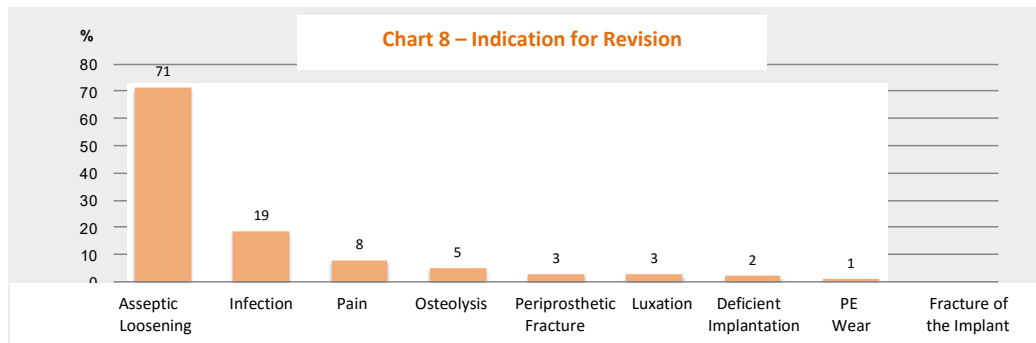
Table 5 – Characterization of the Disease		
	<i>N</i>	%
<b>Side</b>		
Right	142	52,2
Left	130	47,8
<b>Procedure</b>		
1st stage of a two-stage revision	23	8,5
2nd stage of a two-stage revision	31	11,4
Other re-operation besides revision	3	1,1
Re - Revision	8	2,9
One stage revision	207	76,1
<b>Indication for Revision</b>		
Aseptic loosening		
Femur	77	28,3
Tibia	112	41,2
Patella	3	1,1
Other	2	0,7
Osteolysis		
Femur	5	1,8
Tibia	8	2,9
Patella	1	0,4
Other	0	0,0
Deficient Implantation		
Femur	2	0,7
Tibia	4	1,5
Patella	0	0,0
Other	0	0,0
Periprosthetic fracture		
Femur	3	1,1
Tibia	5	1,8
Patella	0	0,0
Other	0	0,0

Fracture of the implant		
Femur	0	0,0
Tibia	0	0,0
Patella	0	0,0
Other	0	0,0
Luxation	8	2,9
PE Wear	3	1,1
Infection	51	18,8
Pain	22	8,1
<b><i>Implant to be removed</i></b>		
Femoral	163	59,9
Cemented	138	84,7
Non-Cemented	25	15,3
Tibial	194	71,3
Cemented	181	93,3
Non-Cemented	13	6,7
Patellar	27	9,9
Cemented	18	66,7
Non-Cemented	9	33,3
Tibial Insert	115	42,3
<b><i>Comorbidities</i></b>		
HBP	205	75,4
Diabetes	58	21,3
RA	7	2,6
Dislipidemy	90	33,1
Cardiopathies	26	9,6
Pulmonary Disease	11	4,0
Peripheral vascular disease	13	4,8
Other	49	18,0

The revision performed in one stage, was the procedure used the most, in the arthroplasties recorded in the Portuguese Arthroplasty Register (Chart nr. 7).



Regarding the etiology of the revision arthroplasties, the aseptic loosening was the main cause for the revision of the knee, followed by infection and pain.



NOTE: There may be more than one indication per patient.



The dominant pathology, in the field comorbidities, was the high blood pressure, followed by dislipidemy, diabetes and cardiopathies (Chart nr. 9).

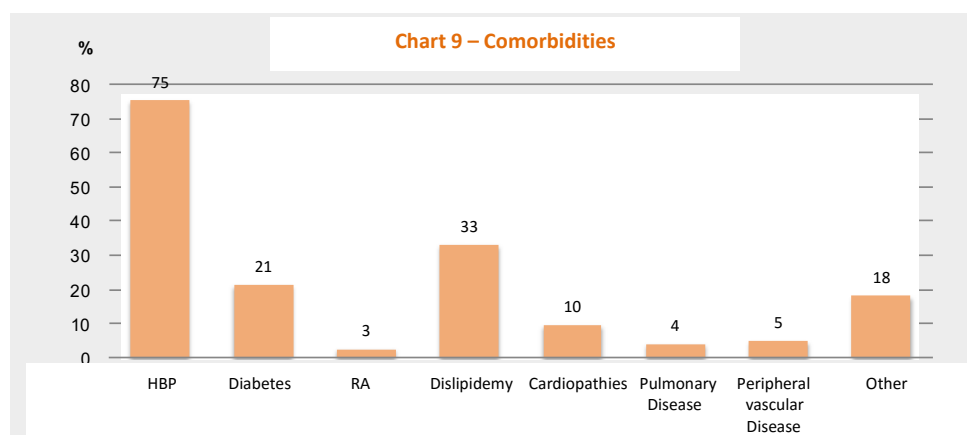
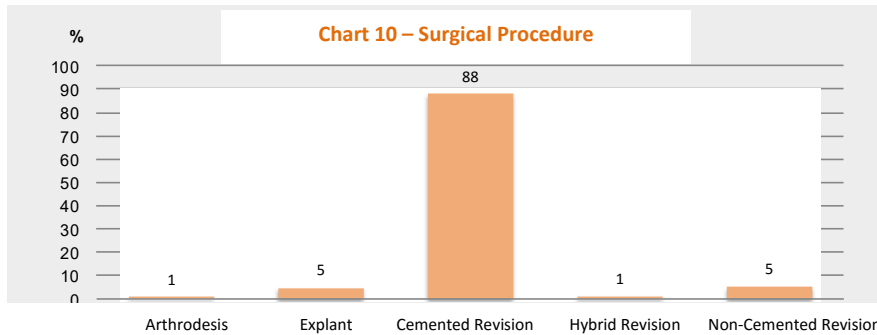


Table 6 - Surgery

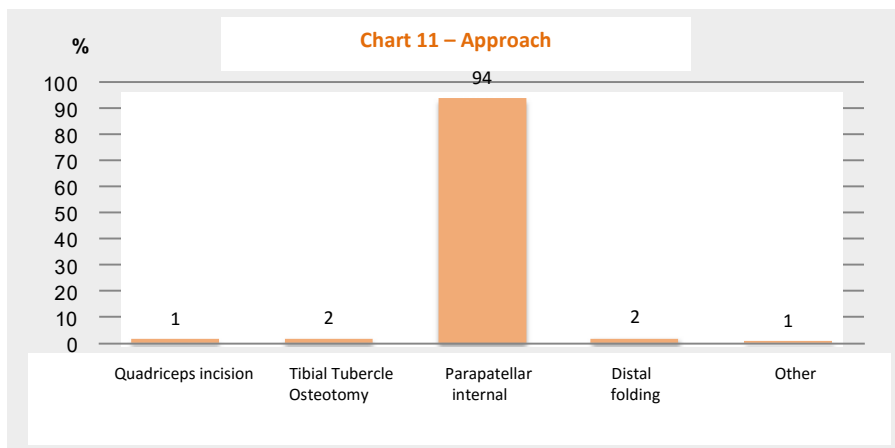
	<i>N</i>	%
<b>Procedure</b>		
Arthrodesis	2	0,7
Explant	13	4,9
Cemented Revision	236	88,1
Hybrid Revision	3	1,1
Non Cemented Revision	14	5,2
<b>Approach</b>		
Quadriceps snip	4	1,5
Tibial Tubercle Osteotomy	5	1,8
Parapatellar internal or conventional	255	93,8
Distally folded quadriceps tendon	6	2,2
Other	2	0,7
<b>Cement</b>		
No	44	16,2
Yes	227	83,8

If yes, with antibiotics?		
Yes	187	82,0
No	41	18,0
<b>Graft</b>		
No	255	95,5
Yes	12	4,5
Femur	6	50,0
Tibia	8	66,7
<b>Thromboprophylaxis</b>		
Chemical	272	100,0
enoxaparin (lovenox)	255	93,8
nadroparin (fraxiparin)	2	0,7
rivaroxaban (xarelto)	15	5,5
<b>Antibiotic prophylaxis</b>		
No	6	2,2
Yes	266	97,8
If yes, for how long?		
24H	85	32,0
48H	97	36,5
>48H	84	31,6
<b>Antibiotics</b>		
Cefazoline	119	43,8
Cefuroxime	38	14,0
Vancomicine	12	4,4
Cefazoline + Gentamicine	10	3,7
Other	93	34,2
<b>Platform</b>		
Fixed	237	87,1
Mobile bearing	35	12,9

The majority of the revision knee arthroplasties was cemented (Chart nr. 10), followed by the ones where cement and antibiotics were used (82% of the cemented arthroplasties).

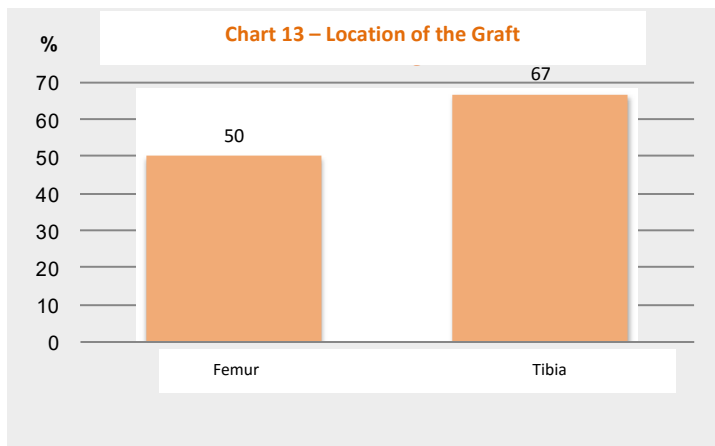
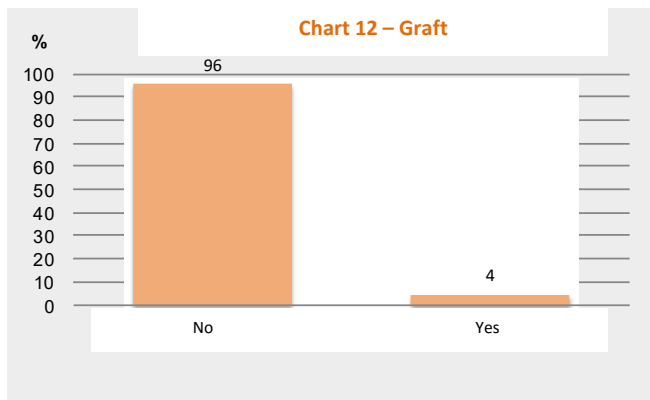


The approach used (Chart nr. 11) was mainly the internal parapatellar (in 93,8% of the cases).



Thromboprophylaxis is systematic (100%), and enoxaparin continues to be the most widely used drug with 93.8% followed by 5.5% rivaroxaban.

Graft was used (Chart nr. 12) in 4% of the cases of revision, and in chart nr. 13 we can see where the graft was used (location).



Antibiotic prophylaxis is conducted in 97.8% of the knee revision arthroplasties, mainly for a period of up to 48 hours.

The most used type of antibiotics used was the cefazoline.

In 87.1% of the revision surgeries were used fixed plates, while in 12.9% of cases mobile bearing platforms were used.

We present below the implants used in revision knee arthroplasties, registered from January 1 to December 31, 2013.

The following table lists all the femoral components used.

Femoral Component		
<i>Company</i>	<i>Model</i>	<i>N</i>
SMITH & NEPHEW		47
	Legion	22
	Profix	19
	TC-Plus	3
	RT Modular-Plus (hinge)	3
DePuy		42
	TC3 Sigma	21
	Sist. PFC Sigma	12
	S-Rom Noiles (hinge)	9
WRIGHT		25
	Advance	25
STRYKER		21
	Sist. Triathlon	21
ZIMMER		15
	NexGen	8
	LCCK (Legacy Constrained)	4
	RHK (hinge)	2
	Natural Knee	1
BIOMET		11
	Vanguard SSK (revisão)	5
	Sist. Vanguard	4
	Sist. Performance	1
	AGC	1

LIMA		5
	Multigen Plus CCK (revisão)	4
	Multigen Plus	1
MBA		4
	HLS Noetos	2
	Optetrack	1
	Apex	1
LAFITT		3
	Classic	2
	Anakine	1
LINK		2
	Endo-Model (hinge)	2
<b>Total</b>		<b>175</b>

The table below lists the patellar components used.

Patellar Component		
<b>Company</b>	<b>Model</b>	<b>N</b>
DePuy		23
	Sist. PFC Sigma	14
	TC3 Sigma	7
	S-Rom Noiles (hinge)	2
SMITH & NEPHEW		21
	Profix	13
	Legion	5
	TC-Plus	3
STRYKER		8
	Sist. Triathlon	8
WRIGHT		6
	Advance	6
ZIMMER		3
	NexGen	3
MBA		3

	Optetrack	1
	Kneetec	1
	HLS Noetos	1
LIMA		3
	Multigen Plus	2
	Multigen Plus CCK (revisão)	1
BIOMET		3
	Vanguard SSK (revisão)	2
	Sist. Vanguard	1
EXACTECH		1
	Optetrack	1
<b>Total</b>		<b>71</b>

This next table presents the tibial components which were recorded in the Portuguese Arthroplasty Register.

Tibial Component		
<i>Company</i>	<i>Model</i>	<i>N</i>
SMITH & NEPHEW		51
	Legion	24
	Profix	23
	RT Modular-Plus (hinge)	3
	TC-Plus	1
DePuy		36
	Sist. PFC Sigma	16
	TC3 Sigma	12
	S-Rom Noiles (hinge)	8
ZIMMER		30
	NexGen	21
	LCCK (Legacy Constrained)	5
	RHK (hinge)	2
	Natural Knee	2
WRIGHT		24
	Advance	24

STRYKER		19
	Sist. Triathlon	19
BIOMET		10
	Vanguard SSK (revisão)	6
	Sist. Vanguard	3
	AGC	1
LIMA		8
	Multigen Plus CCK (revisão)	4
	Multigen Plus	4
MBA		5
	Optetrack	1
	HLS Noetos	3
	Apex	1
EXACTECH		2
	Optetrack	2
LINK		1
	Endo-Model (hinge)	1
LAFITT		1
	Classic	1
<b>Total</b>		<b>187</b>

The next table shows the femoral and tibial stems which were used in the knee revision arthroplasties.

Tibial and Femoral Stems		
<b>Company</b>	<b>Model</b>	<b>N</b>
SMITH & NEPHEW		80
	Legion	39
	Profix	38
	TC-Plus	3
DePuy		41
	TC3 Sigma	22



	Sist. PFC Sigma	19
WRIGHT		27
	Advance	27
STRYKER		25
	Sist. Triathlon	25
ZIMMER		19
	NexGen	15
	LCCK (Legacy Constrained)	4
LIMA		9
	Multigen Plus CCK (revisão)	5
	Multigen Plus	4
BIOMET		6
	Vanguard SSK (revisão)	5
	AGC	1
MBA		4
	Apex	2
	Optetrack	1
	HLS Noetos	1
LAFITT		1
	Classic	1
<b>Total</b>		<b>212</b>

The following table lists all the types of polyethylene which were used.

Polyethylene		
<b>Company</b>	<b>Model</b>	<b>N</b>
SMITH & NEPHEW		61
	Profix	36
	Legion	20
	RT Modular-Plus (hinge)	3
	TC-Plus	2
DePuy		30
	TC3 Sigma	17

	Sist. PFC Sigma	7
	S-Rom Noiles (hinge)	6
ZIMMER		23
	NexGen	12
	LCCK (Legacy Constrained)	7
	RHK (hinge)	2
	Natural Knee	2
WRIGHT		23
	Advance	23
STRYKER		14
	Sist. Triathlon	14
BIOMET		7
	Sist. Vanguard	4
	Vanguard SSK (revisão)	2
	Oxford (uni)	1
LIMA		6
	Multigen Plus CCK (revisão)	3
	Multigen Plus	3
MBA		4
	Optetrack	1
	HLS Noetos	3
EXACTECH		2
	Optetrack	2
LAFITT		1
	Anakine	1
B BRAUN		1
	Columbus	1
<b>Total</b>		<b>172</b>

The following tables reveal the augments and sleeved used in the revision knee arthroplasties, which were recorded in the Portuguese Arthroplasty Register.

Augments		
<i>Company</i>	<i>Model</i>	<i>N</i>
DePuy		39
	Sist. PFC Sigma	24
	TC3 Sigma	12
	S-Rom Noiles (hinge)	3
SMITH & NEPHEW		38
	Legion	23
	Profix	9
	RT Modular-Plus (hinge)	5
	TC-Plus	1
STRYKER		34
	Sist. Triathlon	34
ZIMMER		25
	NexGen	16
	LCCK (Legacy Constrained)	5
	RHK (hinge)	3
	Natural Knee	1
WRIGHT		24
	Advance	24
MBA		16
	Optetrack	5
	Apex	10
	HLS Noetos	1
BIOMET		9
	AGC	5
	Vanguard SSK (revisão)	4
LIMA		8
	Multigen Plus	5
	Multigen Plus CCK (revisão)	3
EXACTECH		5
	Optetrack	5
<b>Total</b>		<b>198</b>

Sleeves		
<i>Company</i>	<i>Model</i>	<i>N</i>
DePuy		27
	TC3 Sigma	11
	S-Rom Noiles (hinge)	10
	Sist. PFC Sigma	6
STRYKER		6
	Sist. Triathlon	6
SMITH & NEPHEW		4
	Legion	4
ZIMMER		3
	NexGen	2
	LCCK (Legacy Constrained)	1
LIMA		3
	Multigen Plus CCK (revisão)	3
WRIGHT		1
	Advance	1
BIOMET		1
	Vanguard SSK (revisão)	1
<i>Total</i>		45

## Shoulder - Primary

In the period of January 1 until December 31 2013, 224 primary shoulder arthroplasties were performed.

Table 1 – List of the hospitals where the surgeries were performed		
	N	%
Centro Hospitalar de Entre o Douro e Vouga (Santa Maria da Feira e S. João da Madeira)	37	16,5
Centro Hospitalar do Porto - Hospital Geral de Santo António	33	14,7
Hospital CUF Descobertas, Lisboa	25	11,2
Hospital Curry Cabral, Lisboa	18	8,0
Centro Hospitalar Lisboa Norte, Hospital de Santa Maria	12	5,4
Centro Hospitalar Tondela-Viseu	12	5,4
Hospital Ortopédico de Sant'Ana, Parede	11	4,9
Hospital Escala Braga (ex- H. de S. Marcos)	10	4,5
Hospital do Litoral Alentejano, Santiago do Cacém	9	4,0
Centro Hospitalar de Lisboa Ocidental, Hospital de S. Francisco Xavier	7	3,1
Centro Hospitalar de Setúbal, Hospital Ortopédico Sant'Iago do Outão	6	2,7
Hospital da Prelada, Porto	6	2,7
Hospital de Faro	5	2,2
Centro Hospitalar Universitário de Coimbra (HUC e Covões)	4	1,8
Hospital de Ponta Delgada, Açores	4	1,8
Centro Hospitalar de Vila Nova de Gaia e Espinho	3	1,3
Centro Hospitalar do Tâmega e Sousa ( Penafiel e Amarante)	3	1,3
Hospital Garcia de Orta, Almada	3	1,3
Unidade Local de Saúde da Guarda - Hospital de Sousa Martins	3	1,3
Centro Hospitalar Baixo Vouga (Aveiro, Estarreja e Águeda)	2	0,9
Centro Hospitalar de Lisboa Central, Hospital de S. José	2	0,9
Centro Hospitalar de Trás-os-Montes e Alto Douro ( Vila Real, Chaves e Lamego)	2	0,9
Hospital da Arrábida (Espírito Santo Saúde), Vila Nova de Gaia	2	0,9
Hospital Privado de Alfena (Grupo Trofa Saúde)	2	0,9
Hospital Distrital de Ovar (Hospital Dr. Francisco Zagalo)	1	0,4
Hospital dos Lusíadas, Lisboa	1	0,4
Hospital Vila Franca de Xira	1	0,4

Total	224	100,0
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Table 2 presents the composition of the surgical team.

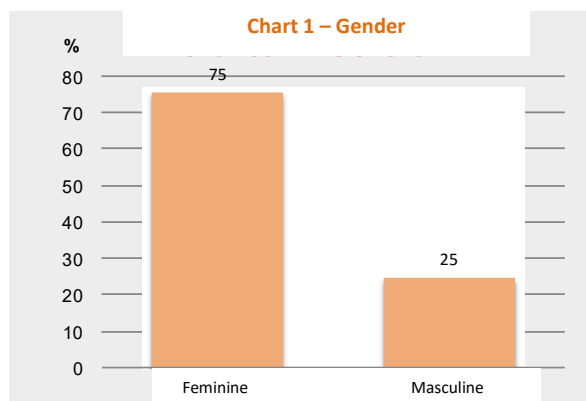
Table 2 – Surgical team		
	<i>N</i>	%
<b><i>Degree of the Surgeon</i></b>		
Assistant	100	44,6
Head of Department	27	12,1
Senior Surgeon	3	1,3
Graduate Surgeon	79	35,3
Resident	15	6,7
<b><i>Degree of the first help</i></b>		
Assistant	58	25,9
Head of Department	9	4,0
Senior Surgeon	7	3,1
Graduate Surgeon	40	17,9
Resident	110	49,1

Table 3 presents the demographic identification of the patients who underwent shoulder arthroplasties.

Table 3 – Identification of the demographic sample		
	<i>N</i>	%
<b><i>Gender</i></b>		
Feminine	169	75,4
Masculine	55	24,6
<b><i>Age</i></b>		
<31	1	0,4
31-40	3	1,3
41-50	6	2,7

51-60	27	12,1
61-70	74	33,2
71-80	75	33,6
81-90	37	16,6
<b>BMI</b>		
Underweight	0	0,0
Normal weight	59	26,3
Overweight	111	49,6
Obese – Class I	42	18,8
Obese – Class II	10	4,5
Obese – Class III	2	0,9

Chart nr. 1 shows the distribution of patients by gender.



The distribution by age was presented in chart nr. 2, where one can observe a predominance of the following age groups: 61-70 and 71-80.

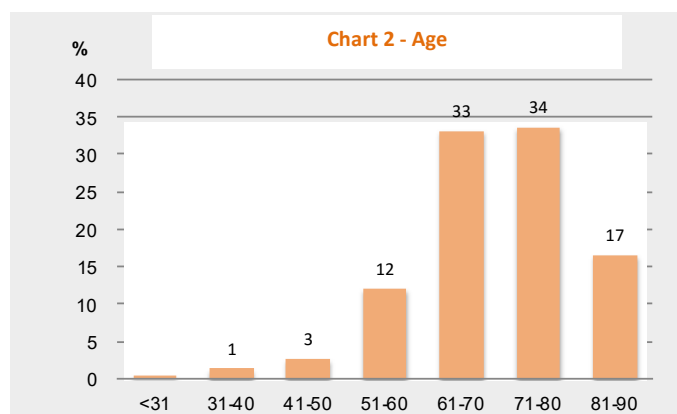


Chart nr. 3 reveals the Body Mass Index of the patients who underwent shoulder arthroplasty.

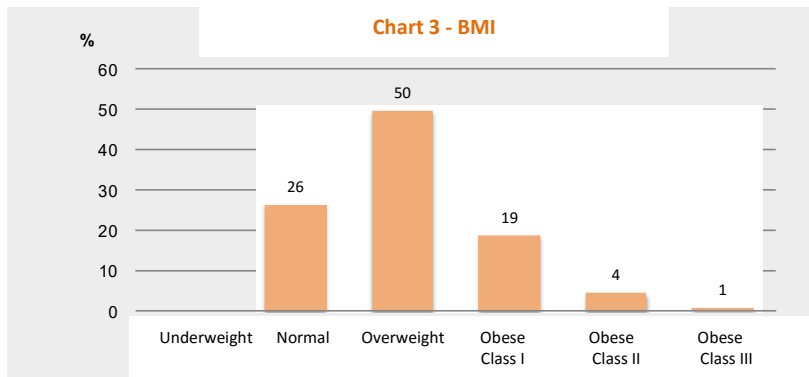


Table 4 – Identification of the procedure

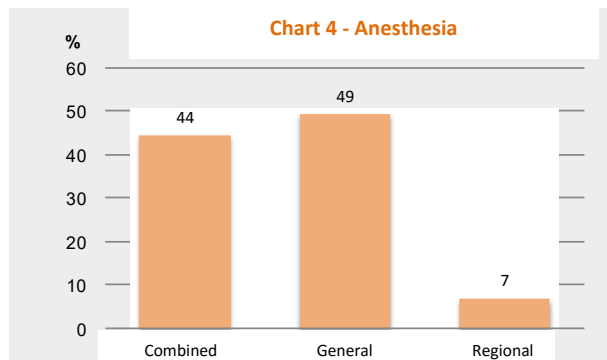
	<i>N</i>	%
<b>Anesthesia</b>		
Combined (general + anesthesia of the brachial plexus)	99	44,2
General	110	49,1
Regional	15	6,7
<b>ASA</b>		
I	6	2,7
II	149	66,5
III	67	29,9
IV	2	0,9
<b>Physical activity</b>		
Inactive or dependent	3	1,3
Sedentary without any compensatory physical activity	113	50,7
Light to moderate physical activity	90	40,4
Hard occupation; physical activity as a hobby	16	7,2
Very intensive physical activity; contact or radical sports	1	0,4
<b>Paying Entity</b>		
Private	7	3,1
Insurance	19	8,5
National Health System	181	81,2



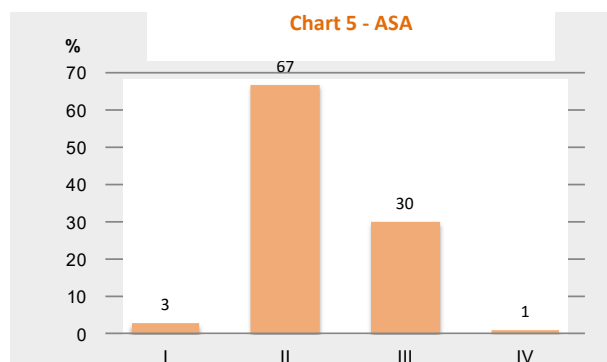
Sub-system	16	7,2
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In what regards the Paying Entity, the National Health System is still the predominant one, when it comes to payment of this type of surgical procedure.

The type of anesthesia which was used in shoulder arthroplasties can be found in Chart nr. 4.



The ASA peri-operative risk assessment level of the patients who had shoulder arthroplasty surgery can be found on Chart nr. 5.



The level of physical activity of the patients who underwent shoulder arthroplasty surgery, is presented in Chart nr. 6.

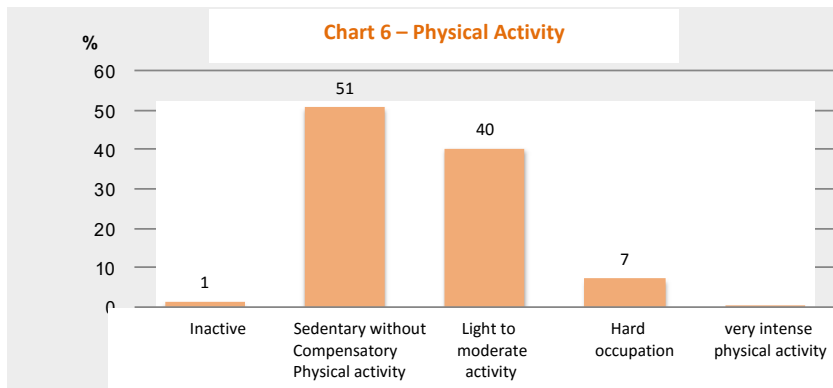
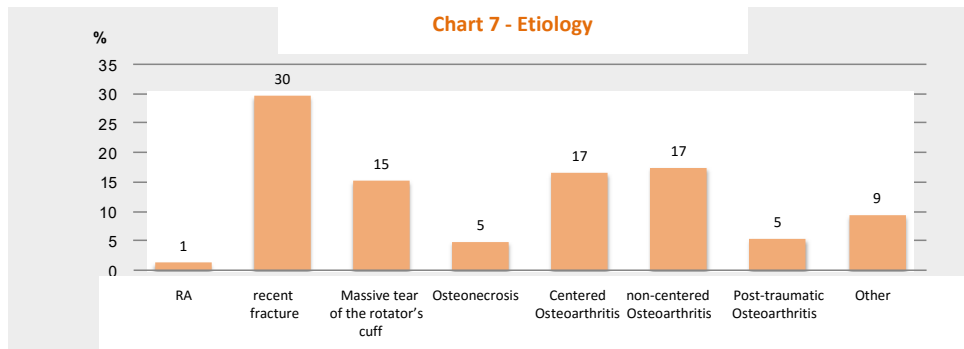


Table 5 presents the characterization of the disease, the types of surgical procedures and the comorbidities.

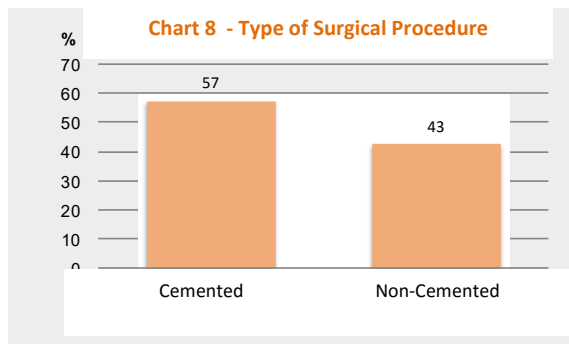
Table 5 – Characterization of the disease		
	<i>N</i>	%
<b><i>Etiology</i></b>		
RA	3	1,3
Recent fracture	66	29,6
Massive lesion of the cuff	34	15,2
Osteonecrosis	11	4,9
Centered osteoarthritis	37	16,6
Non-centered osteoarthritis	39	17,5
Post traumatic osteoarthritis	12	5,4
Other	21	9,4
<b><i>Previous Surgery</i></b>		
No	200	89,7
Yes	23	10,3
<b><i>Type of surgical procedure</i></b>		
Cemented	128	57,4
Non-Cemented	95	42,6
<b><i>Comorbidities</i></b>		
HBP	150	67,0
Diabetes	39	17,4

RA	3	1,3
Dislipidemy	84	37,5
Cardiopathies	28	12,5
Pulmonary disease	12	5,4
Peripheral vascular disease	21	9,4
Other	24	10,7

In Etiology, one can observe a preponderance of osteoarthritis, of the fractures and lesions of the rotator's cuff.



The main type of procedure is the cemented arthroplasty.



The dominant pathology in the comorbidities is the high blood pressure, followed by dislipidemy, diabetes and cardiopathies.

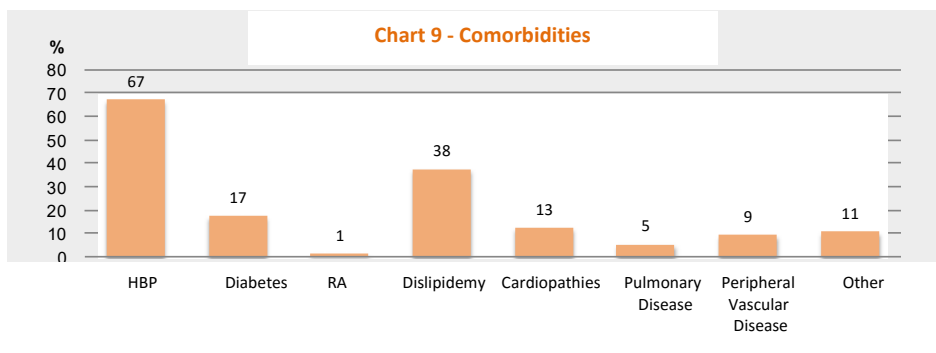
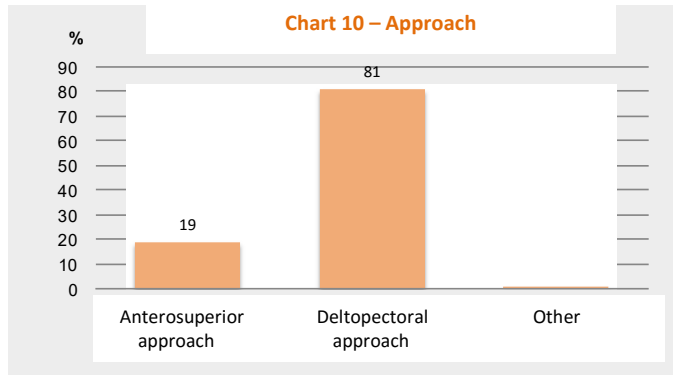


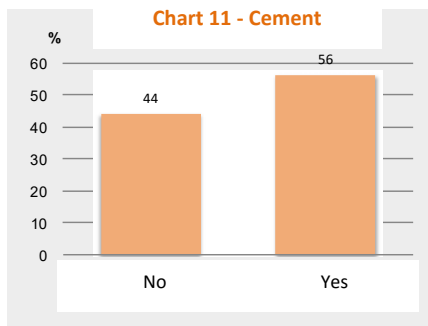
Table 6 – Surgery		
	<i>N</i>	<i>%</i>
<b>Approach</b>		
Anterosuperior	42	18,8
Deltopectoral	180	80,7
Other	1	0,4
<b>Cement</b>		
No	98	43,9
Yes	125	56,1
If Yes, with antibiotics ?		
Yes	83	66,4
No	42	33,6
<b>Implant</b>		
Hemiarthroplasty	74	33,2
Inverted	128	57,4
Total	21	9,4
<b>Thromboprophylaxis</b>		
Mechanical	3	1,3
Chemical	155	69,5
enoxaparin (lovenox)	154	99,4
nadroparin (fraxiparin)	1	0,6
No Prophylaxis	65	29,1
<b>Antibiotic prophylaxis</b>		
No	2	0,9
Yes	221	99,1
If yes, for how long?		
24H	111	50,2
48H	102	46,2
>48H	8	3,6

<b>Antibiotics</b>		
Cefazoline	121	55,0
Cefuroxime	28	12,7
Other	61	27,7

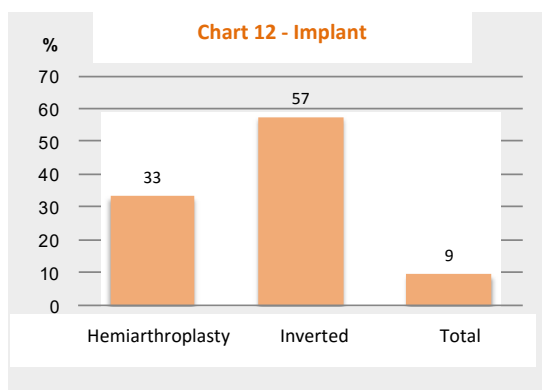
The main approach used was the deltopectoral (Chart nr. 10).



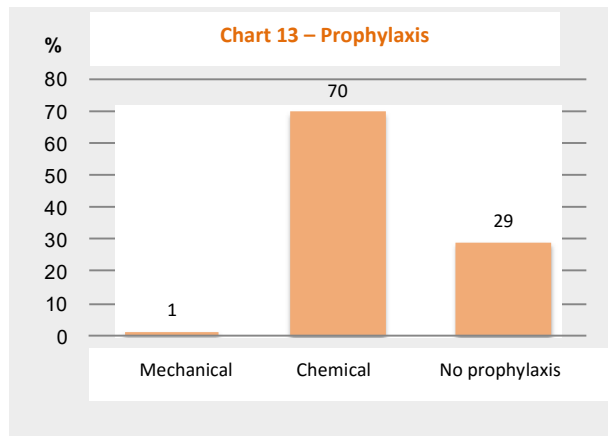
The predominant type of arthroplasty was the cemented one.



The inverted arthroplasty was the type which was used the most (57% of the arthroplasties), followed by the hemiarthroplasty (33% of the cases).



In 70% of the patients, chemical thromboprophylaxis was performed, and the predominant chemical used was the enoxaparin, while in 29% of the cases no prophylaxis was done.



The antibiotic prophylaxis was done in 99,1% of the shoulder arthroplasties, in the great majority of cases for a period of 48 hours, and the antibiotic which was used the most was cefazoline.

We present below the implants used in shoulder arthroplasties recorded from January 1 to December 31, 2013.

Shoulder		
<i>Company</i>	<i>Model</i>	<i>N</i>
Depuy		114
	Delta Xtend	91
	Global Fx	8
	Global Advantage	7
	Global AP	6
	Unite	2
LIMA		47
	SMR	39
	SMR Reverse	6
	SMR Trauma	2
Tornier		32
	Aequalis Reversed	25
	Aequalis	4

	Aequalis Reversed II	3
Biomet		10
	Comprehensive	10
Synthes		8
	EPOCA	8
Zimmer		6
	Bigliani Anatomic Shoulder	4
	Anatomical shoulder fractures	2
FH		5
	Arrow	5
Smith & Nephew		1
Evolutis		1
	Unic	1
<i>Total</i>		224

## Shoulder - Revision

In the time period comprised between January 1 and December 31 2013, 9 revision shoulder arthroplasties were recorded in the Portuguese Arthroplasty Register.

Table 1 – List of hospitals		
	<i>N</i>	<i>%</i>
Centro Hospitalar do Porto – Hospital Geral de Santo António	3	33,3
Hospital Curry Cabral, Lisboa	2	22,2
Hospital CUF Descobertas, Lisboa	2	22,2
Centro Hospitalar de Entre o Douro e Vouga (Santa Maria da Feira e S. João da Madeira)	1	11,1
Hospital Escola de Braga (ex - H. S. Marcos)	1	11,1
<i>Total</i>	<b>9</b>	<b>100,0</b>

Below, we present the list of implants used in the revision shoulder arthroplasties, registered between January 1 and December 31 2013.

Shoulder		
<i>Company</i>	<i>Model</i>	<i>N</i>
LIMA		4
	SMR	4
Tornier		2
	Aequalis Reversed	2
Depuy		2
	Global AP	1
	Delta Xtend	1
Tecres		1
	Spacer S	1
<i>Total</i>		<b>9</b>



## Wrist and Hand - Primary

In the period between January 1 and December 31 2013, 59 primary hand arthroplasties were registered.

Table 1 – List of hospitals		
	<i>N</i>	%
Hospital Escala Braga (ex- H. de S. Marcos)	19	32,2
Centro Hospitalar de Entre o Douro e Vouga (Santa Maria da Feira e S. João da Madeira)	17	28,8
Hospital da Arrábida (Espírito Santo Saúde), Vila Nova de Gaia	10	16,9
Hospital da Prelada, Porto	4	6,8
Hospital Ortopédico de Sant'Ana, Parede	4	6,8
Centro Hospitalar Baixo Vouga (Aveiro, Estarreja e Águeda)	3	5,1
Centro Hospitalar de Lisboa Ocidental, Hospital de S. Francisco Xavier	2	3,4
<i>Total</i>	59	100,0

The tables below feature the hand arthroplasties recorded in the Portuguese Arthroplasty Register.

Table 2 – Surgical team		
	<i>N</i>	%
<b><i>Degree of the Surgeon</i></b>		
Assistant	10	16,9
Senior Surgeon	8	13,6
Graduate Surgeon	37	62,7
Resident	4	6,8
<b><i>Degree of the first help</i></b>		
Assistant	16	27,1
Senior Surgeon	6	10,2
Graduate Surgeon	8	13,6

Resident	29	49,2
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Table 3 – Identification of the surgical procedure		
	N	%
<b>Anesthesia</b>		
General	35	59,3
Regional	24	40,7
<b>ASA</b>		
I	7	11,9
II	51	86,4
III	1	1,7
<b>Physical Activity</b>		
Sedentary without any compensatory physical activity	15	25,4
Light to moderate physical activity	39	66,1
Hard occupation: physical activity as a hobby	5	8,5
<b>Paying Entity</b>		
Private	1	1,7
Insurance	1	1,7
National Health System	49	83,1
Sub-system	8	13,6

Table 4 – Characterization of the disease		
	N	%
<b>Other Associated Pathologies</b>		
HBP	31	52,5
Diabetes	6	10,2
RA	5	8,5
Dislipidemy	12	20,3

Cardiopathies	3	5,1
Lung Disease	1	1,7
Peripheral vascular disease	0	0,0
Other	12	20,3
	N	%

Table 5 – Surgery		
	N	%
<b>Side</b>		
Right	55	93,2
Left	4	6,8
<b>Joint replaced</b>		
Radiocarpal joint	2	3,4
Right	1	50,0
Left	1	50,0
Distal Radial-Ulnar joint	0	0,0
Trapeziometacarpal joint	51	86,4
Right	32	62,7
Left	19	37,3
Metacarpophalangeal joint	3	5,1
2nd finger – Right	2	66,7
3th finger – Right	3	100,0
4th finger – Right	2	66,7
5th finger – Right	2	66,7
Interphalangeal proximal joint	3	5,1
3rd finger – Right	3	100,0
4th finger – Right	2	66,7
<b>Type of Procedure</b>		
Cemented	2	3,4
Non-Cemented	57	96,6
<b>Etiology</b>		

Degenerative or primary arthritis	53	89,8
Inflammatory or Rheumatic	5	8,5
Post-Traumatic	1	1,7

Below, we list the implants used in the primary hand and wrist arthroplasties.

<i>Company</i>	<i>Model</i>	<i>N</i>
BIOMET		21
	Arpe	21
Medcomtech/Ascension		15
	Pirodisk	15
DePuy		10
	Roseland	6
	Neuflex	4
MBA		4
	Re-motion	2
	Pyrocardan	2
Memometal-Stryker		3
	Ivory	3
LÉPINE		3
	MAIA	3
SBI		2
	MTP	1
	PIP 40	1
Tornier		1
	Pi2	1
<b>Total</b>		<b>59</b>

## Wrist and Hand - Revision

In the period of January 1 2013 until December 31 2013, 4 revision hand arthroplasties were registered.

Table 1 – List of Hospitals		
	<i>N</i>	%
Centro Hospitalar de Setúbal, Hospital Ortopédico Santiago do Outão	2	50
Hospital Ortopédico de Sant'Ana, Parede	2	50
<i>Total</i>	4	100,0

In the next table, we list the implants used in the hand and wrist arthroplasties.

<i>Company</i>	<i>Model</i>	<i>N</i>
DePuy		1
	Arthrodesis plate	1
LÉPINE		1
	MAIA (Neck offset L)	1
BIOMET		1
	Cement	1
<i>Total</i>		3

## Foot and Ankle - Primary

In the period of January 1 2013 to December 31 2013 were recorded 7 arthroplasties of the foot and ankle.

Table 1 – List of Hospitals		
	<i>N</i>	%
Hospital Curry Cabral, Lisboa	3	42,9
Centro Hospitalar do Tâmega e Sousa ( Penafiel e Amarante)	1	14,3
Clínica de Santo António - Clisa, Reboleira, Amadora	1	14,3
Hospital de Faro	1	14,3
Hospital Escala Braga (ex- H. de S. Marcos)	1	14,3
<i>Total</i>	<i>7</i>	<i>100,0</i>

We present below, the implants used in arthroplasties of the ankle and foot, recorded from January 1 to December 31, 2013, and it should be noted that 4 of them are ankle arthroplasties and 3 of them are foot arthroplasties.

<i>Company</i>	<i>Model</i>	<i>N</i>
Integra		4
	Salto Talaris	2
	Hintegra	2
Implants International		3
	Roto-Glide	3
<i>Total</i>		<i>7</i>

## **Foot and Ankle - Revision**

In the period from January 1<sup>st</sup> until December 31<sup>st</sup> 2013 there were no foot and ankle revision arthroplasties recorded in the Portuguese Arthroplasty Register.

## Elbow - Primary

In the period of January 1st until December 31st 2013, 18 primary elbow arthroplasties were registered.

Table 1 – List of Hospitals		
	<i>N</i>	<i>%</i>
Centro Hospitalar de Entre o Douro e Vouga (Santa Maria da Feira e S. João da Madeira)	5	27,8
Centro Hospitalar de Setúbal, Hospital Ortopédico Sant'Iago do Outão	5	27,8
Hospital de Ponta Delgada, Açores	2	11,1
Hospital Ortopédico de Sant'Ana, Parede	2	11,1
Centro Hospitalar de Lisboa Ocidental, Hospital de S. Francisco Xavier	1	5,6
Centro Hospitalar do Médio Tejo (Tomar, Abrantes e Torres Novas))	1	5,6
Hospital Curry Cabral, Lisboa	1	5,6
Hospital Garcia de Orta, Almada	1	5,6
<b>Total</b>	<b>18</b>	<b>100,0</b>

Below is a list of the implants used in elbow arthroplasties, and we should refer that 16 radial head arthroplasties were performed, and 2 arthroplasties of the humeral-ulnar joint.

<i>Company</i>	<i>Model</i>	<i>N</i>
Tornier (MBA)		11
	MOPYC	11
Biomet		3
	Discovery (úmero-cubital)	2
	Explorer	1
Acumed		2
	Anatomical Radial Head	1
	Anatomic Radial Head System	1
Medcomtech		1
	Integra MRH	1
Wright		1
	Swanson	1
<b>Total</b>		<b>18</b>





## Elbow - Revision

In the period from January 1st until December 31st 2013, were recorded 3 revision elbow arthroplasties.

Table 1 – List of Hospitals where the arthroplasties were performed		
	<i>N</i>	<i>%</i>
Centro Hospitalar de Lisboa Norte, Hospital de Santa Maria	2	66,6
Centro Hospitalar de Entre o Douro e Vouga (Santa Maria da Feira e S. João da Madeira)	1	33,3
<i>Total</i>	<b>3</b>	<b>100,0</b>

The following table shows the implants used in the revision elbow arthroplasties, registered between January 1st and December 31st 2013.

In one of the cases no implant was inserted, in another case only the humeral component was replaced and in the other case it was a revision of the humeral and the ulnar components.

<i>Company</i>	<i>Model</i>	<i>N</i>
Implantcast (MBA)		1
	Mutars (Humerus and ulna)	1
Biomet		1
	Discovery (humerus)	1
<i>Total</i>		<b>2</b>

## Spine - Primary

In the period of January 1<sup>st</sup> to December 31<sup>st</sup> 2013 were registered 15 primary spine arthroplasties.

Table 1 – List of hospitals		
	<b>N</b>	<b>%</b>
Hospital da Cruz Vermelha Portuguesa, Lisboa	15	100,0
<i>Total</i>	15	100,0

Below, we present the implants used in the spine arthroplasties registered from January 1<sup>st</sup> until December 31<sup>st</sup> 2013.

<b>Company:</b>	<b>Model:</b>	<b>N</b>
Spineart		15
	baguera	15
<i>Total</i>		15

## Spine - Revision

In the period covered by this report (January 1<sup>st</sup> until December 31<sup>st</sup> 2013) no spine arthroplasties were registered.

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